



Bakers
Marie Biscuit
200gr

15⁹⁹



Cadbury
Slab
80gr

17⁹⁹



Lays
Potato Chips
120gr

17⁹⁹



Pasta Joy
Macaroni/
Spaghetti
500gr

10⁹⁹



Liquifruit
100% Fruit
Juice
1lt

21⁹⁹



Brookes
Oros Juice
2lt

37⁹⁹



Stork
Country Spread
1kg

43⁹⁹



Bokomo
Corn Flakes
1kg

44⁹⁹



Sasko
Cake Wheat Flour

2.5kg **29⁹⁹**
10kg **104⁹⁹**



**Stationery
Promo
Available
Instore**






Promo Valid Until 4th February 2025



Sasko
Premium
Brown Bread
700gr

12.99



Sasko
Premium
White Bread
700gr

13.99



Fresh
Tea Scones
6x1

19.99



Fresh
Naan
1x1

10.99



The Puff Man
Pita Bread
6x1

28.99



The Puff Man
Puri
12x1

17.99



Albany
Wraps
6's

32.99



Fresh
Hotdog
Rolls
6x1

13.99



Fresh
Burger
Buns Plain
6x1

15.99

Promo Valid Until 4th February 2025



Ox Liver
Uncooked
Per Kg

49⁹⁹



Chicken
Breast Fillet
Uncooked
Per Kg

69⁹⁹



A Grade Beef
Stewing Beef
Uncooked
Per Kg

79⁹⁹



A Grade Beef
Chuck/Brisket/
Blade Uncooked
Per Kg

84⁹⁹



A Grade Beef
Mince
Uncooked
Per Kg

84⁹⁹



A Grade Beef
Short/ Prime Rib
Uncooked
Per Kg

89⁹⁹



A Grade Beef
Topside/ Silverside
Uncooked
Per Kg

89⁹⁹



Bushcamp/
Chakalaka Wors
Uncooked
Per Kg

89⁹⁹



Choice Wors
Uncooked
Per Kg

99⁹⁹



Fresh
Whole birds
Uncooked
3x1

179⁹⁹

Promo Valid Until 4th February 2025

Superb
Hyper

Frozen To Perfection



Rainbow
Mix Portions
2kg

79.99



Rainbow
Mix Portions

4kg
154.99

5kg
189.99



Goldi
Mix Portions

2kg
77.99

5kg
199.99



Harvestime
Country Mix
900gr

34.99



McCains
Slap Chips
1kg

44.99



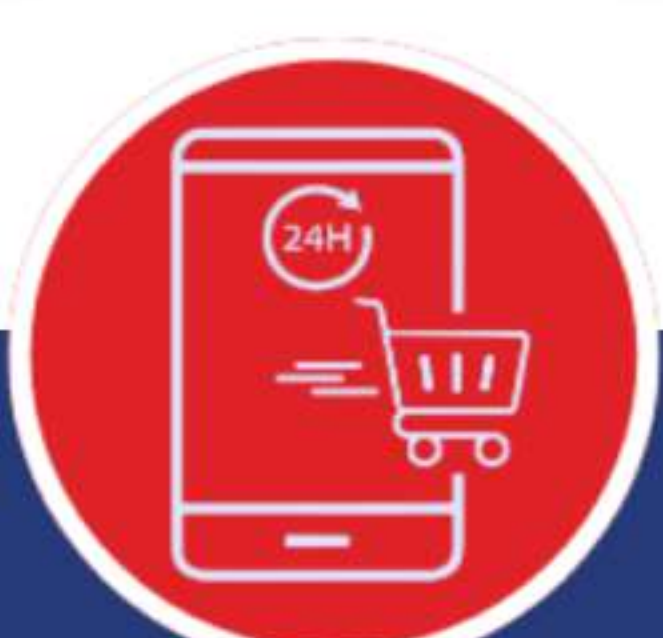
Frys
Braai Sausage
Spicy Value Pack
380gr

34.99

Always Superb



Shop In-Store



Shop Online



Home & Bulk Delivery



Bulk Wholesale



Public Retail



Vejoy
Spicy Soya
Prawns/Soya
Prawns/ Chico
Julienne
220/250/300gr

31.99



Clover
Cheese Gouda/
Cheddar/
Tussocks
800gr

119.99



Today
Party Pack
800gr

89.99



Rainbow
Polony
1kg

47.99



Simply Chicken
Viennas
1kg

97.99



Chicken Tizer
Cheesy Bites
1kg

79.99



I & J
Beefers
800gr

89.99



Goldi
Crumbed
Burgers
960gr

64.99



I & J
Fish Fingers
600gr

69.99



Superb
Hyper

Wholesome Dairy



Clover
Super M
300ml

11.99



Meadowland
Classique/
Delight
1lt

64.99



Yogofun
900gr

19.99



Halls
Squash
1.25lt

26.99



Mr Orange
Squash
5lt

69.99



Delicious
Concentrate
1lt

9.99



Krush
100% Fruit
Juice 1.5lt

39.99



Tropika
Jug
2lt

34.99



Parmalat
Smooth /Kids
Yoghurt
6x100ml

17.99



Clover
Bliss Yoghurt
1kg

39.99



Rama
Original Tub
1kg

54.99



Mooi River
Butter
500gr

69.99



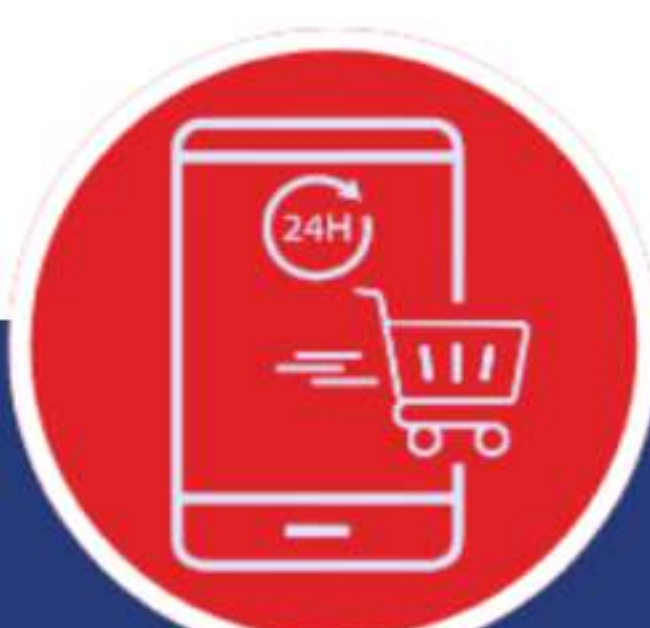
D'lite
Margarine
Tub
1kg

32.99

Always Superb



Shop In-Store



Shop Online



Home & Bulk Delivery



Bulk Wholesale



Public Retail



Maynards
60gr

12.99



Beacon
Mint Imperials
75gr

12.99



Cadbury
Tumbles
65gr

21.99



Beacon
Marshmallows
135gr

14.99



Cadbury
Whispers
200gr

54.99



Simba
Chipniks
100gr

16.99



Pringles
Original/ Sour
Cream/ Onion
70gr

19.99



Doritos
Sweet
Chilli 145gr

17.99



Simba
Niknaks
Cheese
135gr

12.99



Bakers
Romany Creams
200gr



31.99



De Vries
Choco Rings
150gr

17.99



Bakers
Tennis Biscuit
Original
200gr

21.99



Bakers
Eet Sum Mor
200gr

27.99



Bakers
Cream Crackers
Value Pack
2x200gr

34.99



Oreo
Cookies
128gr/
119.60gr

14.99



White Star
Porridge
1kg

22.99



Kellogg's
Coco Pops/ Choco/
Froot Loops/
Bubblegum/
Rice Krispies
Strawberry/ Vanilla
340gr/350gr

44.99



Bokomo
Weetbix
900gr

49.99



Jungle
Oats
Regular
Pouch
2kg

84.99



Kellogg's
Granola
700gr

74.99



Yum Yum
Peanut Butter
Spread
1kg

67.99



Hazeldene
Mix Fruit Jam
900gr

31.99



Melrose
Cheese Spread
400gr

54.99



Lotus Biscoff
Spread Smooth/
Crunchy
400gr/380gr

89.99



Glen
Rooibos
80's

39.99



Tetley
Teabags
102's

32.99



Trinco
Teabags
200's

54.99



Nestle
Hot Chocolate
Original
500gr

84.99



Jacobs
Gold Kronung
200gr

139.99



Cremora
Coffee Creamer
750gr

57.99



Selati
White Sugar

2.5kg
52.99
5kg
104.99
10kg
204.99



Huletts
White Sugar

2.5kg
55.99
5kg
109.99
10kg
209.99



Selati
Brown Sugar

2kg
39.99
5kg
99.99
10kg
189.99



Bakerite
Cake Wheat Flour
10kg

97.99



Azam
Cake Wheat Flour

2.5kg
29.99
5kg
59.99
10kg
99.99



Sasko
Cake Wheat Flour

2.5kg
29.99
5kg
65.99
10kg
104.99



Golden Cloud
Cake Wheat Flour

2.5kg
33.99
5kg
66.99
10kg
113.99



Snowflake
Cake Wheat Flour

2.5kg
34.99
5kg
69.99
10kg
119.99



Super Gold
Icing Sugar
1kg

24.99



Golden Ribbon
Coconut Milk
400ml

21.99



Nestle
Dessert Cream
290gr

27.99



Clover
Condensed Milk
385gr

31.99



Nespray
Sachets
400gr

53.99



Ultramel
Vanilla Custard
1lt

22.99



Clover
Super M
6x300ml

69.99



Tri Star
Long Grain
Parboiled Rice

5kg
62.99
10kg
122.99
25kg
312.99



Festive
Long Grain
Parboiled Rice

5kg
62.99
10kg
122.99



Golden Prestige
Long Grain Parboiled Rice

5kg
67.99
10kg
127.99
20kg
259.99
25kg
322.99
50kg
649.99



Allsome Long
Grain Parboiled Rice

2kg
29.99
5kg
74.99
10kg
137.99
25kg
349.99



Golden Delight
Long Grain
Parboiled Rice

2kg
29.99
5kg
74.99
10kg
139.99



Golden Delight
Long Grain
Parboiled Rice

20kg
279.99
25kg
349.99
50kg
699.99



Spekko Blue Long
Grain Parboiled Rice

2kg
32.99
5kg
82.99
10kg
154.99
25kg
379.99



Aunt Caroline Long
Grain Parboiled Rice

2kg
38.99
5kg
98.99
10kg
164.99



Tastic Long Grain
Parboiled Rice

2kg
41.99
5kg
104.99
10kg
189.99



Royal Queen
Sella Basmati
1121 Rice
5kg

124.99



**Aakifah / La
Jawab** Sella
Basmati Rice
5kg

139.99



Super Gold
Premium Sella
Basmati Rice
5kg

134.99



Dunar
Gourmet Sella
Basmati Rice
5kg

144.99



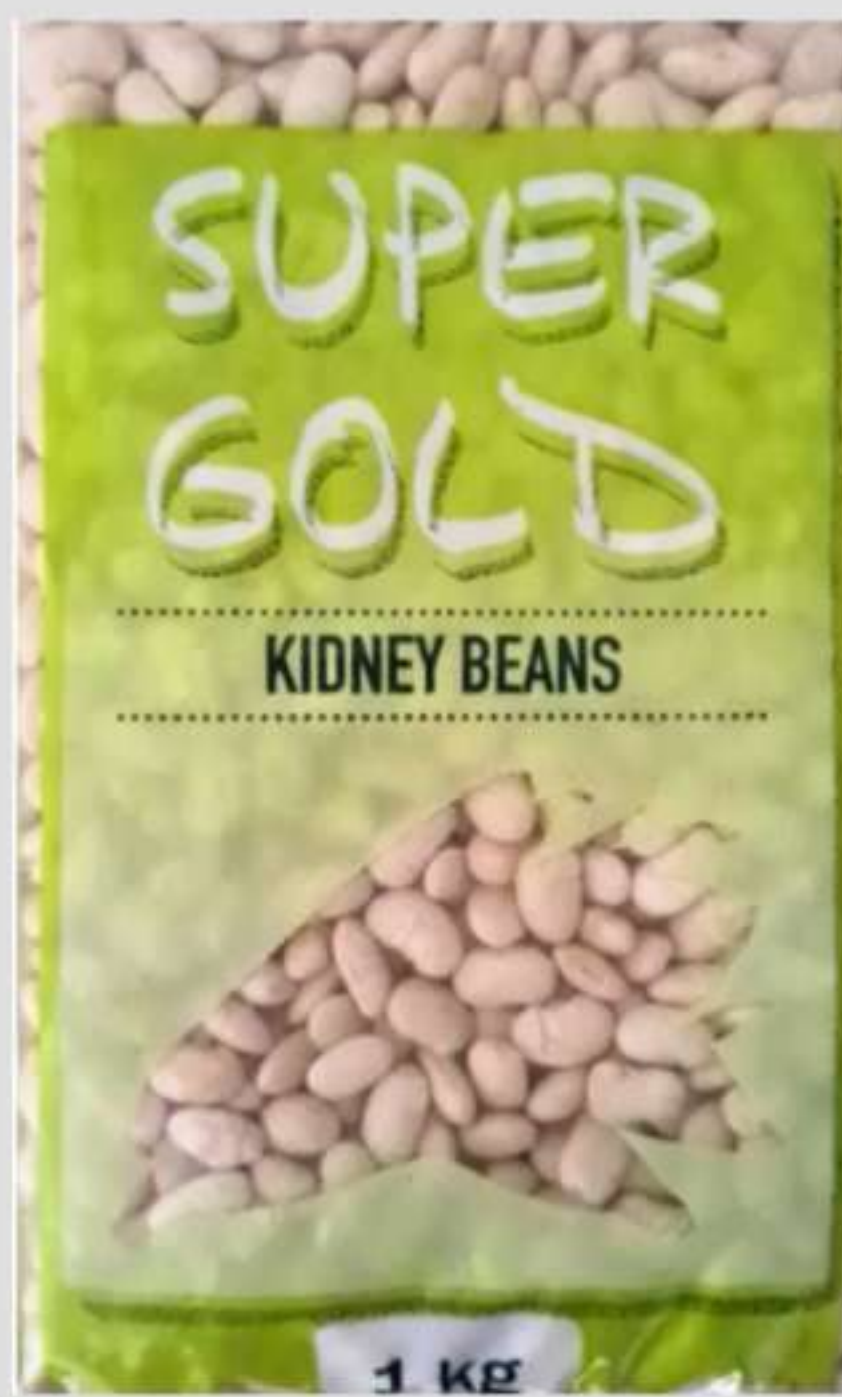
Royal Queen
Classic
Basmati Rice
5kg

149.99



Super Gold
Yellow Split
Peas
2kg

27.99



Super Gold
Kidney Beans
1kg

39.99



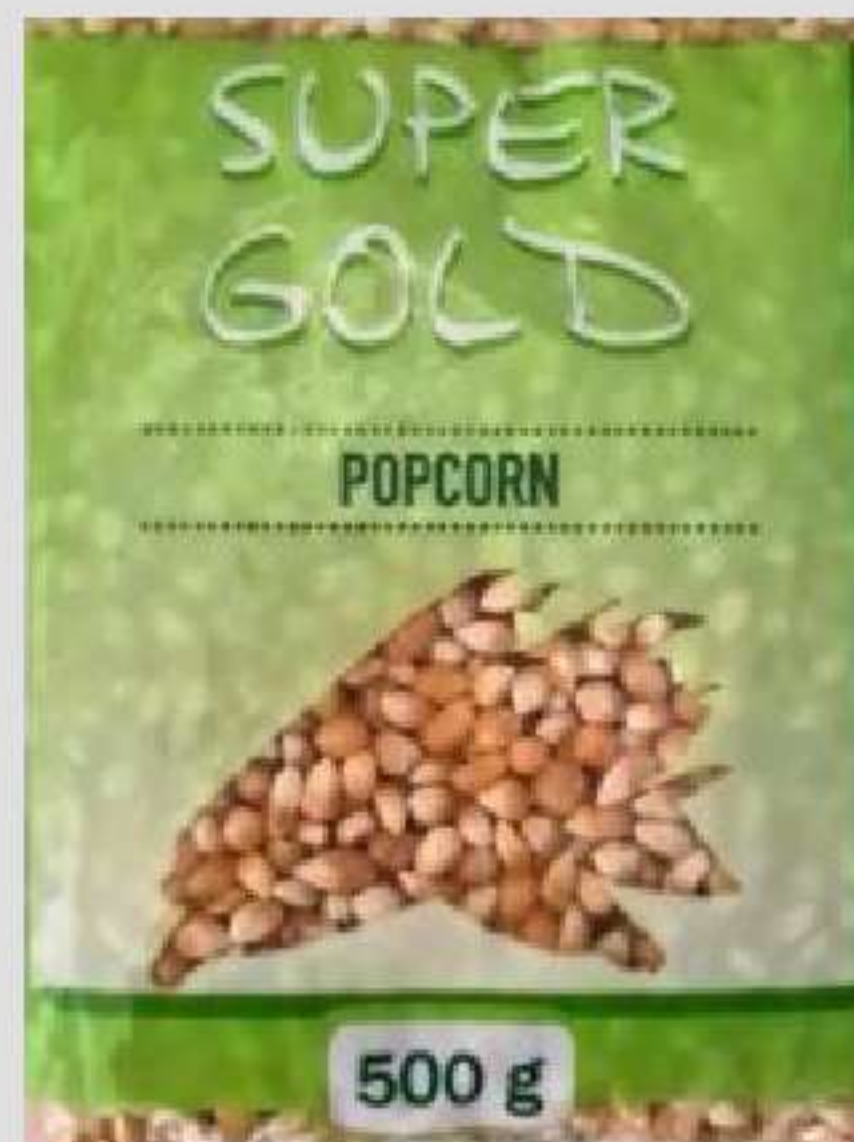
Super Gold
Sugar Beans
500gr

17.99



Super Gold
Masoor Brown
Lentils
1kg

19.99



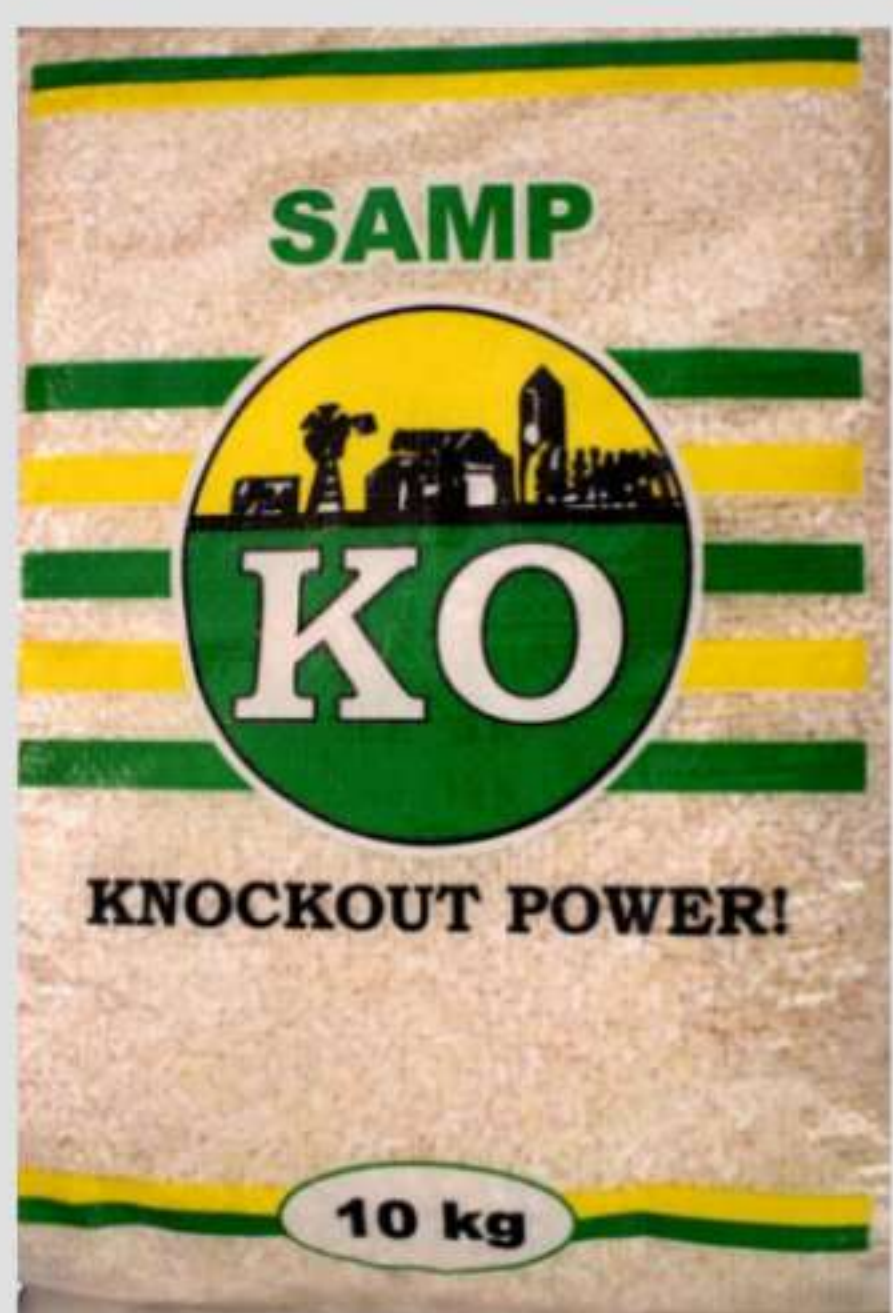
Super Gold
Popcorn Seeds
500gr

9.99



Sheraz
Sugar Beans

4kg
134.99
5kg
164.99
10kg
329.99



KO
Samp

5kg
49.99
10kg
89.99



KO
Super Maize

5kg
47.99
10kg
93.99
25kg
234.99



Ingonyama
Super Maize

5kg
49.99
10kg
93.99
25kg
234.99
50kg
459.99



Ace
Super Maize

10kg
94.99
25kg
234.99



Nyala
Super Maize

5kg
62.99
10kg
104.99
25kg
259.99



White Star
Super Maize

5kg
64.99
10kg
114.99
25kg
274.99

Superb
Hyper

Quality In A Can



Tomco
Baked Beans
400gr

9.49



Lucky Star
Baked Beans
410gr

11.99



Rhodes
Baked Beans
410gr

11.99



Koo
Baked Beans
400gr

14.99



Rhodes
Butter Beans
400gr

18.99



Rhodes
Mix Veg Curry
410gr

18.99



Rhodes
Sweetcorn
Creamstyle
400gr

17.99



Koo
Chakalaka
410gr

19.99



Bull Brand
Corned Meat
300gr

27.99



Saldanha
Pilchards
400gr

22.99



Lucky Star
Pilchards
400gr

24.99



Sailors
Tuna In Brine
170gr

16.99



Lucky Star
Middlecut
425gr

34.99



Kelloggs
Crumbs
200gr

34.99



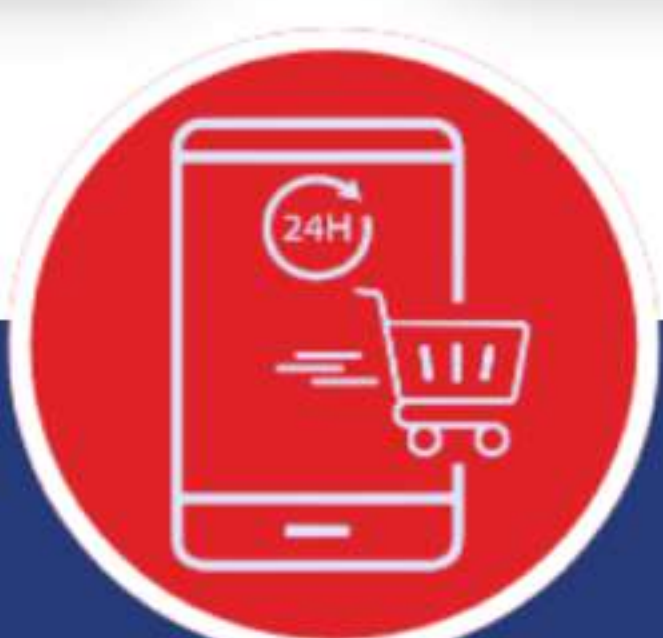
Maggi
2 Minutes
Noodles
5x1

28.99

Always Superb



Shop In-Store



Shop Online



Home & Bulk Delivery



Bulk Wholesale



Public Retail



Mamas
Lemon Juice
500ml

16.99



Allgold
Tomato Sauce
700gr

31.99



Spur
Salad Dressing
500ml

64.99



Nandos
Sauce
250ml

39.99



C & B
Mayonnaise

750ml

39.99

1.5kg

77.99

3kg

154.99



Mrs Balls
Chutney
1.1kg

67.99

Superb
Hyper

Deliciously Spiced



Knorrox
Soup Bag
400gr

14.99



Knorrox
Soya
400gr

24.99



Rhodes
Beetroot
Grated/ Sliced
780gr

21.99



Aromat
Trio
200gr

24.99



Nandos
Seasonke
200gr

17.99



Knorrox
Cubes
144's

127.99



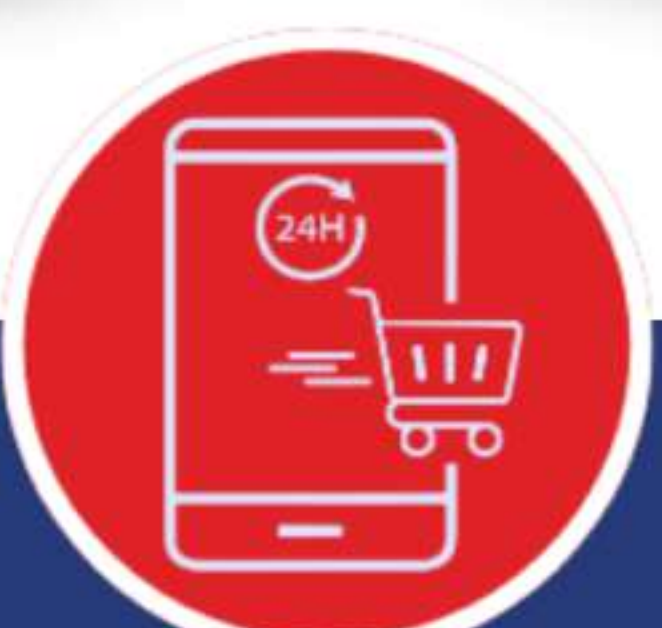
Osman's
Rajapuri
Turmeric Powder
1kg

64.99

Always Superb



Shop In-Store



Shop Online



Home & Bulk Delivery



Bulk Wholesale



Public Retail

Superb
Hyper

Cook With Quality



Sunola
Cooking Oil

2lt
54.99
4lt
114.99
5lt
134.99



Divine
Butterlicious
Oil

2lt
54.99
4lt
109.99



Goldenglo
Pure Sunflower
Oil

2lt
54.99
5lt
134.99



D'Lite
Pure Cooking
Oil

2lt
56.99
5lt
139.99



Helios
Pure Sunflower
Oil

2lt
64.99
5lt
149.99



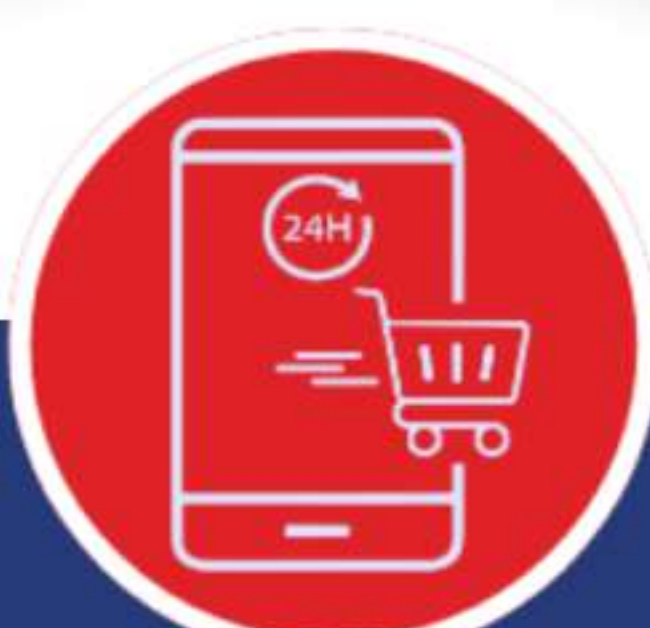
Sunfoil
Pure Sunflower
Oil

2lt
64.99
5lt
149.99

Always Superb



Shop In-Store



Shop Online



Home & Bulk Delivery



Bulk Wholesale



Public Retail

Superb
Hyper

Pure Confidence



Colgate
Optic White Extra
Powder Toothpaste
75ml

69.99



Colgate
Triple Action
Toothbrush
1's

39.99



Head & Shoulder
2 In 1
Classic Clean
400ml

69.99



Dove
Soap White
150gr

17.99



Protex
Bath Soap
150gr

13.99



Angie
Bubble Bath
2lt

44.99



Clere
Radiance Oil
Control Toner
100ml

34.99



Nivea
Shower Gel
500ml

69.99



Gentle
Magic Lotion
125ml

9.99



Nivea
Roll On
50ml

27.99



Yardley
English Blazer/
Gorgeous/ Lace/
White Satin
90ml/125ml

36.99



Nivea
Lotion/ Cream
400ml

56.99



Skin Clinic
Tissue Oil
Cream
450ml

34.99



Clere
Lotion
400ml

24.99



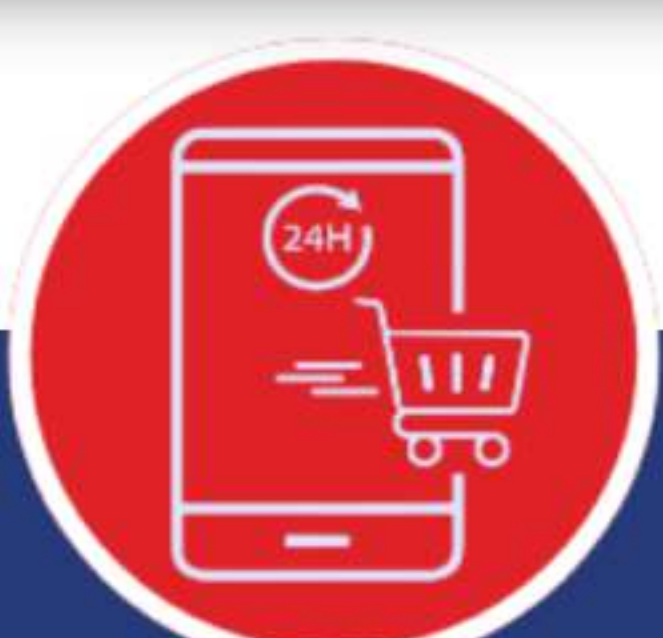
Ead
Tissue Oil Spray
100ml

42.99

Always Superb



Shop In-Store



Shop Online



Home & Bulk Delivery



Bulk Wholesale



Public Retail

Superb
Hyper

Self Care Essentials



Dettol
Antiseptic
750ml

74.99



Clere
Gly-Co Oil
100ml

19.99



No Hair
Lotion
125ml

59.99



Vaseline
Petroleum
Jelly
450ml

59.99



Darling
Yaki Braids
#1/#4/#30
1x1

9.99



Dark & Lovely
Relaxer
250ml

44.99



Restore
Relaxer Kit
1x1

69.99



Inecto
Super Black
25ml

17.99



Always
Pantyliners
Scented 40's

34.99



Always
Max Pads
8/9's

16.99



Panado
Blister Box
24's

29.99



Vicks
Vaporub Jar
50gr

46.99



Calpol
Paediatric
Syrup
50ml

41.99



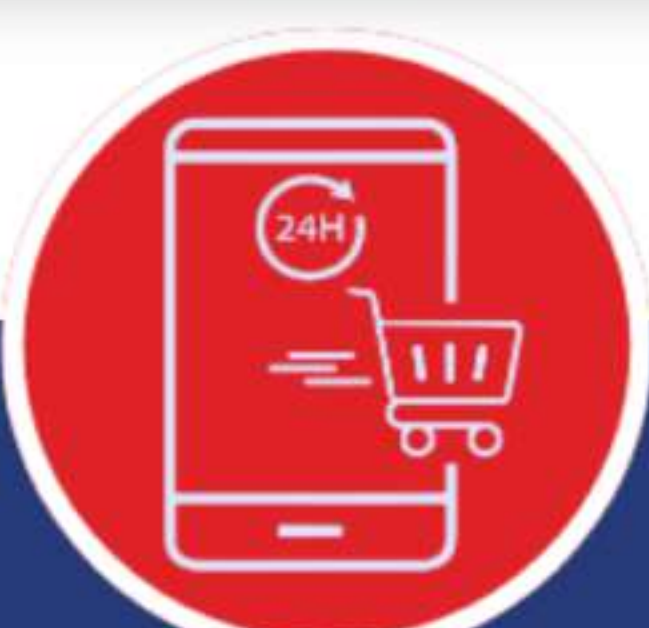
Gummy
Vites
60's

129.99

Always Superb



Shop In-Store



Shop Online



Home & Bulk Delivery



Bulk Wholesale



Public Retail



**Super Gold
Yellow Maize**

5kg
33.99
10kg
66.99



**Super Gold
Crush Maize**

5kg
36.99
10kg
71.99



**Super Gold
Mix Fowl Food**

5kg
47.99
10kg
95.99



**Marltons
Dewormer
50ml**

37.99



**Marltons
Original Dog
Shampoo
500ml**

59.99



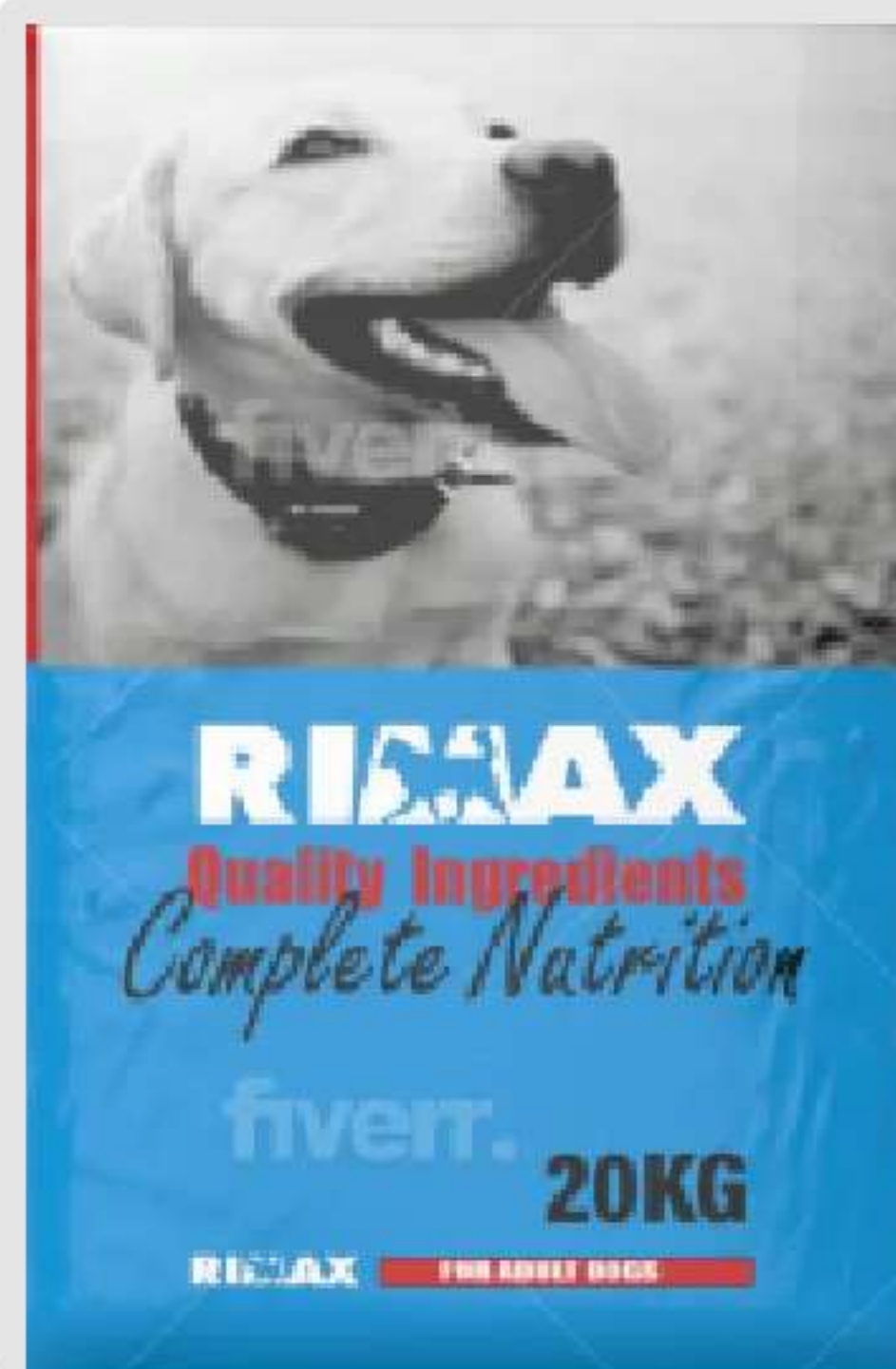
**Catmor
Cat Food
4kg**

159.99



**Trusty
Puppy Food
8kg**

179.99



**Rimax
Dog Food
20kg**

299.99

Superb
Hyper

Tender Care



Purity
Pouch
110ml

12.99



Nestum
500gr

49.99



Johnson & Johnsons
Petroleum Jelly
250ml

42.99



Johnsons & Johnsons
Baby Soap
175gr



16.99



Purity
Baby Powder
400gr

64.99



Pampers
Baby Wipes
56's/ 64's

29.99



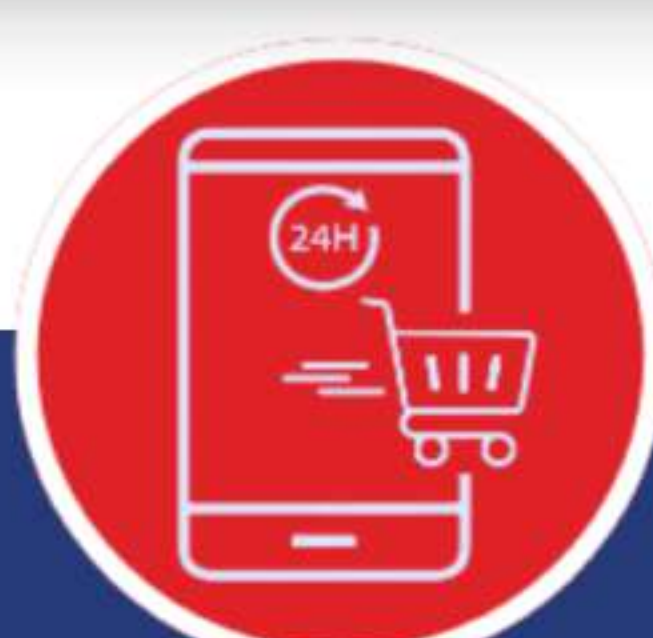
Pampers
Jumbo Pack
1x1

199.99

Always Superb



Shop In-Store



Shop Online



Home & Bulk Delivery



Bulk Wholesale



Public Retail



Comfort
Fabric Softener
800ml

42.99



Sunlight
Washing
Powder
3kg

84.99



Sunlight
Auto Washing
Powder
2kg

64.99



Vanish
Stain
Remover
500ml

44.99



Sunlight
Dishwashing
Liquid
1.5lt

59.99



Domestos
750ml

29.99



Cobra
Tile
Cleaner
750ml+250ml

39.99



Handy Andy
Bottle
750ml

29.99



Toilet Duck
500ml

21.99



Jik
Bleach
1.5lt

32.99



Glade
Air Freshener
180ml

18.99



Mr Min
Banded
3x300ml

84.99



Doom
Blue Death
Powder
500gr

69.99

Superb
Hyper

Spotless & Secure



Doom
Room Spray
300ml

59.99



Lion
Matches
10s

6.99



Raid
Electric Liquid
Mosquito Killer
33ml

54.99



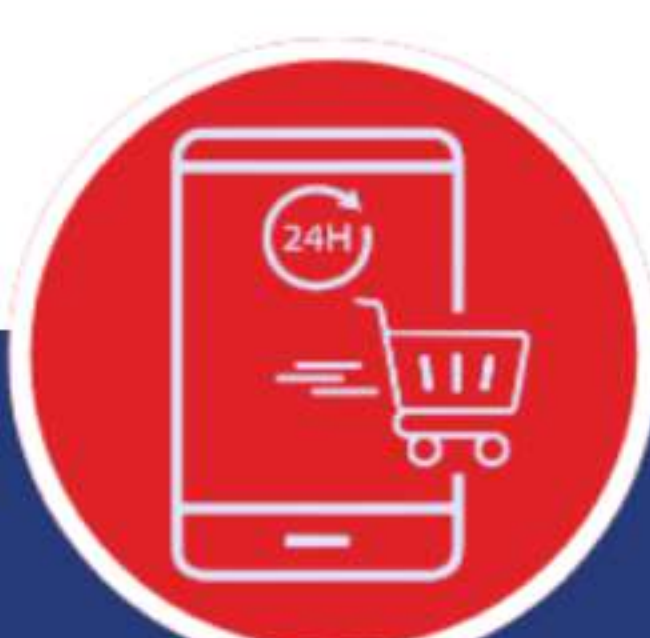
Trulite
Candles
450gr

27.99

Always Superb



Shop In-Store



Shop Online



Home & Bulk Delivery



Bulk Wholesale



Public Retail



Broom
Whisk Medium
Flagged
1x1

24.99



Foam
Cup
25x250ml

8.99



Paper
Plate
50's

19.99



Mop
Jumbo
1x1

31.99



Foam
Container 25
75's

47.99



Mug
Glazed Assorted
14oz

13.99



Dinner
Plate White
Square
10.5"

18.99



Citinova
Veronica
Tumbler
Set
6x1

69.99



BG
Salad
Bowl
10lt

29.99



Oli
Emeried
Stewpan Pot
Set P4/5
10pce

699.99

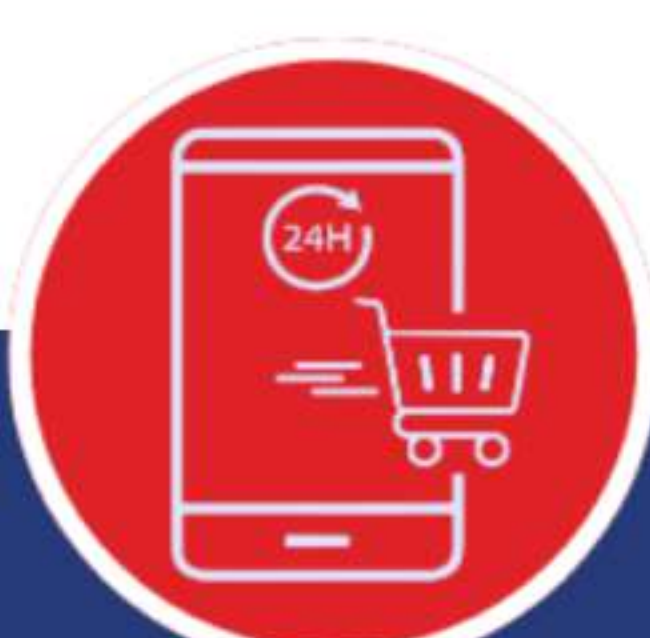


Promo Valid Until 4th February 2025

Always Superb



Shop In-Store



Shop Online



Home & Bulk Delivery



Bulk Wholesale



Public Retail