

Superb
Hyper

**Fall Into
SAVINGS**



Beacon
TV Bar, Nosh,
Black Cat
Large Bars
1x1

9⁹⁹



Simba
Chipniks
100gr

15⁹⁹



Bakers
Tennis Doubles/
Choco-Break/
Zoo-Zoos
125gr

Any 2 For
25



La Italiana
Macaroni/
Spaghetti
500gr

11⁴⁹



Rhodes
Nectar Juice

1lt
14⁹⁹

6x200ml
24⁹⁹



Glen
Teabags
100's

24⁹⁹



D'Lite
Margarine Tub
1kg

31⁹⁹



Kellogg's
Cornflakes
750gr

49⁹⁹



Huggies
Dry Comfort
Jumbo Pack
Nappy

159⁹⁹



Pro
Cake Wheat
Flour
10kg

89⁹⁹



La Jawab
Sella Premium
Basmati Rice
5kg

119⁹⁹



Sunola
Pure Cooking Oil
5lt

129⁹⁹

Promo Valid Until 13th May 2025

Always Superb



Shop In-Store



Shop Online



Home &
Bulk Delivery



Bulk
Wholesale



Public Retail

Superb
Hyper

Quality In Every Bake



La Italiana
Condensed
Milk
390gr

19.99



Koo
Peach Slices
410gr

19.99



Clover
Caramel Cream
360gr

36.99



Golden Bee
Mountain
Honey
500gr

31.99



Golden Ribbon
Corn Flour
500gr

10.99



Super Gold
Cocoa Powder
500gr

39.99



Nespray
Sachet
400gr

57.99



Liberty Chef
Spray & Cook
300ml

36.99



Golden Cloud
Muffin Mix
1kg

32.99



Melrose
Spread
150gr

24.99



Mamas
Jam
900gr

25.99



La Italiana
Peanut
Butter
400gr

21.99



Mamas
Peanut Spread
1kg

54.99



Fresh
Hotdog Rolls
6x1

13.99

Always Superb

Superb
Hyper

Brew Better Moments



Phendula Tips
Teabags
100's

21.99



Ricoffy
Tin
250gr

54.99



Nestle
Milo Pouch
250gr

39.99



Glen
Rooibos
80's

39.99



Clover
Creamel
750gr

44.99

Always Superb

Superb
Hyper

The Ultimate Snack Fix



Pronutro
Cereal
500gr

47.99



Nutrific
Cereal
900gr

47.99



Jumpin Jack
Popcorn
90gr/100gr

19.99



Simba
Nik Naks
135gr

11.99



Risi
Marie
3x150gr

21.99



De Vries
Choco Rings
150gr

16.99

Always Superb



Supergold
Masoor
1kg

19.99



Supergold
Sugar Beans
500gr

17.99



Supergold
Popcorn Seed
500gr

9.99



Supergold
Yellow Split
Peas
2kg

27.99



Tomco/ Everyday
Baked Beans
410gr

8.99



Rhodes
Baked Beans
410gr

11.99



Everyday
Mix Veg Curry
400gr

11.99



La Italiana
Butter Beans
400gr

13.99



Lucky Star
Corned Meat
300gr

27.99



Saldanha
Pilchards
400gr

22.99



Lucky Star
Pilchards
400gr

24.99



Sailors
Middlecut
400gr

24.99



Rhodes
Beetroot
780gr

21.99

Superb
Hyper

Turn Simple Into Superb



Mamas
Tomato Sauce
750ml

11.99



Mamas
Mzani Mayo
750gr

22.99



Mamas
Chip Dip, Peri
Mayo Sauce
500ml

19.99



Knorr
Cup Soup
80gr

17.99



Knorr
Packet Soup
1x1

**Take Any 3 For
20**



Knorrox
Soup
400gr

14.99



Top Class
Soya
400gr

21.99



Aromat
Can
75gr

11.99



Uncles Spice
Bowl
400gr

19.99



Imana
Cube
24's

22.99



Pakco
Chilli
Bite Mix
250gr

13.99



Delite
Bombay
Mix Masala
500gr

49.99

Always Superb

Superb
Hyper

Cool Convenience



Rainbow
Mix Portions

2kg
79.99

4kg
159.99

5kg
199.99



Harvestime
All In One Mix
600gr

21.99



Harvestime
Country Mix
900gr

34.99



McCains
Wedges
750gr

54.99



Vejoy
Spicy Soya
Prawns
250gr

27.99



Frys
Spicy Sausage
380gr

39.99

Always Superb

Superb
Hyper

Premium Quality *Butchery*



Beef Meaty Bones
Uncooked
Per Kg

39⁹⁹



OX Liver
Uncooked
Per Kg

49⁹⁹



Fresh Drumsticks
Uncooked
Per Kg

69⁹⁹



A Grade Bulk
Stewing Beef
Uncooked
Per Kg

**Instore
Special**



Bushcamp/
Chakalaka Wors
Uncooked
Per Kg

94⁹⁹



A Grade Beef
Short/ Prime Rib
Uncooked
Per Kg

**Instore
Special**



A Grade Beef
Mince
Uncooked
Per Kg

99⁹⁹



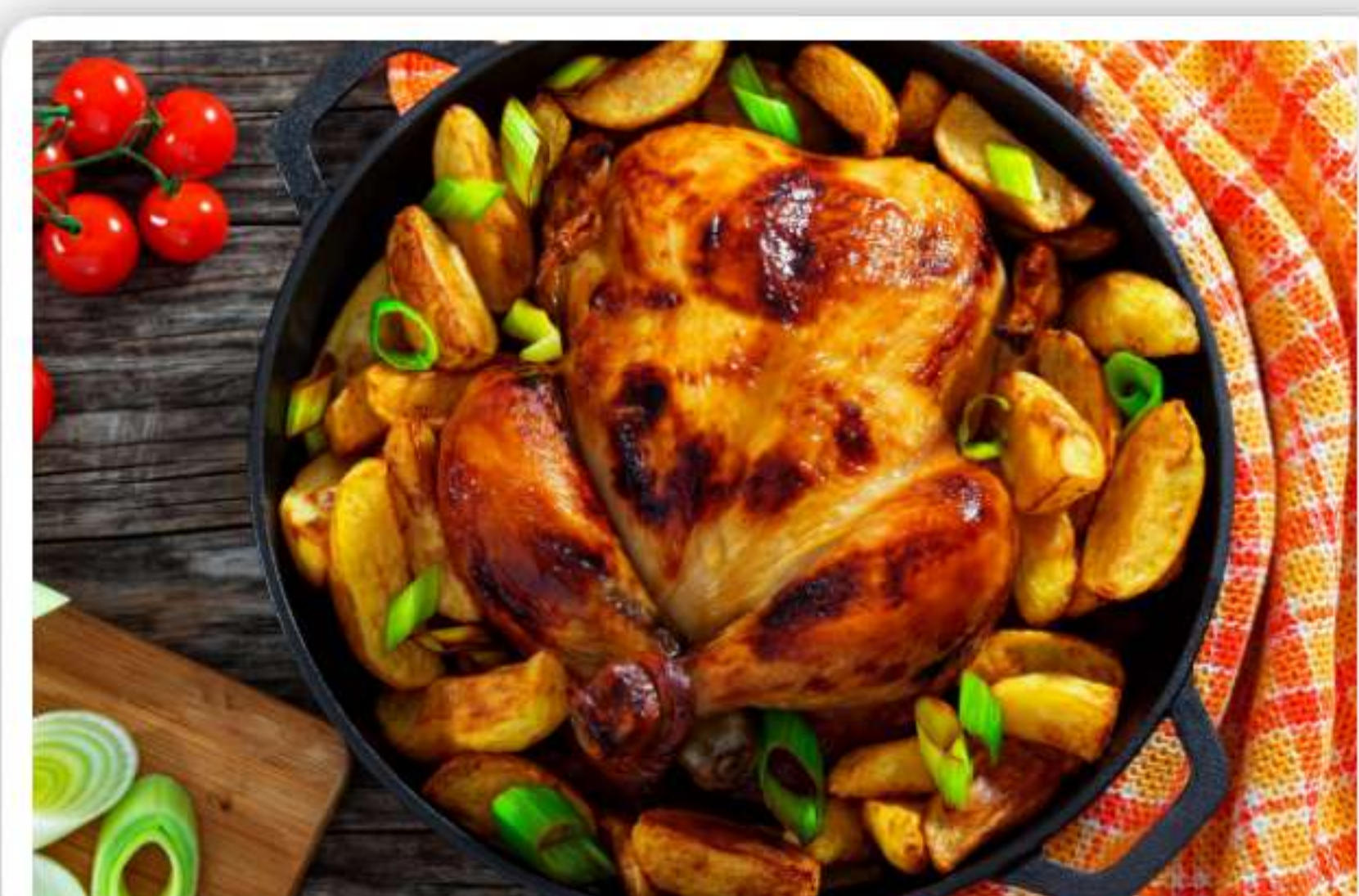
A Grade Beef
Chuck/Brisket/ Blade
Uncooked
Per Kg

99⁹⁹



Choice Wors
Uncooked
Per Kg

99⁹⁹



Fresh Whole
Birds
Uncooked
3x1

184⁹⁹

Always Superb



Parmalat
Slices
200gr

31.99



My O My
Savoury Rolls
12's

47.99



Rainbow
Polony
1kg

49.99



Goldi
Crumbed Burgers
960gr

64.99



Chicken Tizer
Chesy Chilli
Strips
1kg

79.99



I & J
Air Frickin
Amazing Range
(Burgers/ Chunky
Dippers/ Hake Pops
& Rollers/ Shore
Schnitzel)

46.99



I & J
Tasty Fish Fingers
300gr

34.99

Superb
Hyper

Cool, Creamy, Refreshing



Super M
300ml

12.99



Krush
Fruit Juice
1.5lt

19.99



Spring Meadow
Juice
2lt

22.99



Delicious
Concentrate
1lt

11.99



Mr Orange
Squash
5lt

69.99



Yogo Fun
900gr

22.99



Inkomazi
1.8kg

29.99



Parmalat
Smooth/ Kids
Yoghurt
6x100gr

17.99



Spring Meadow
Fresh Cream
250ml

21.99



Parmalat
Fruit/
Low Fat
Yoghurt
1kg

34.99



Romi
Margarine
Tub
1kg

24.99



Rama
Spread For
Bread Brick
500gr

16.99



Stork
Spread Tub
500gr

29.99

Always Superb

Superb
Hyper

Superbly Refreshing



aQuelle
Still/ Sparkling
Water
6x500ml

32.99



Powerade
6x500ml

64.99



aQuelle
Flavoured
Water

6x500ml
42.99
6x1.5lt
79.99



Coke
Original

Can
24x500ml
224.99

Buddy
24x440ml
227.99



Twizza
Coldrink
6x2lt

54.99



Cooe
Coldrink
6x2lt

59.99



Sparletta/
Schweppes
Coldrink
6x2lt

83.94



Fanta/ Sprite
/Gingerbeer
Coldrink
6x2lt

99.99



Coke
Original
6x2lt

128.99



Reboost
Energy Drink
24x500ml

164.99



Switch
Energy Drink
24x500ml

169.99



Dragon
Energy Drink
24x500ml

172.99



G- Vita
Flavoured
Drink
Powder
40's

39.99

Always Superb

Superb
Hyper

Treat Time, Anytime



Halls
Lozenges
72's

16.99



Pin Pop
Lollipop
48's

42.99



Kit Kat
2 Finger
36x20gr

129.99



Richester
Choc Eclair
Pop
48's

42.99



Stimorol
Gum
50x1's

39.99

Always Superb



Mamas
Popcorn
12x60gr

29.99



Simba
Niknaks
50x20gr

45.99



Truda
Chippa Naks
50x18gr

38.99



Truda
Go Slo
12x100gr

48.99

Superb
Hyper

Brew, Sweeten, Repeat



Trinco
Teabags
6x100's

159.99



Cremora
Sachets
24x125gr

309.99



Casamia
Time
12x150gr

61.99



Ricoffy
Tin
6x100gr

154.99



Topper
Creams
12x125gr

97.99

Always Superb

Superb
Hyper

Bulk Made Simple



Jaba
Spice
Chicken Only
42x15gr



Buy 2 Get 1
10x15gr Free
37.99



Sunola
Cooking Oil
12x375ml

143.99



Selati
Brown Sugar
25x500gr

249.99

Always Superb

Superb
Hyper

Clean Comfort, Always



Disprin
Dispenser
Box
52x2

67.99



Inecto
Super Black
6x28ml

84.99



Surf
Flexi Washing
Powder
6x300gr

61.99



**Shower To
Shower**
Roll On
6x50ml

89.99



Sunlight
Laundry Bar
48x500gr

790

Always Superb



Frolos
Milkywave
Popsicles
20's

17.99



Jabulani
Maas
6x2lt

144.99



Clover
lws Slices
950gr

92.99



D'lite
Margarine
Brick
30x500gr

349.99



Selati
White Sugar

2.5kg
54.99

5kg
104.99

10kg
209.99



Hulett's
White Sugar

2.5kg
55.99

10kg
214.99



Selati
Brown Sugar

2kg
41.99

5kg
99.99

10kg
194.99

Superb
Hyper

Baking Made Brilliant



Pro
Cake Wheat Flour
10kg

89.99



Azam/ Bakerite
Cake Wheat
Flour
10kg

97.99



Sasko
Cake Wheat
Flour

2.5kg
33.99
5kg
65.99
10kg
114.99



Snowflake
Cake Wheat
Flour

2.5kg
34.99
5kg
69.99
10kg
119.99

Always Superb

Superb
Hyper

Pure Maize Power



Super Strong
Super Maize
10kg

82.99



Ingonyama/ Ko
Super Maize

5kg
49.99

10kg
87.99

25kg
219.99



Nyala
Super Maize

5kg
61.99

10kg
99.99

25kg
254.99



Festive
Sugar Beans

4kg
124.99

5kg
154.99

10kg
309.99

Always Superb

Superb
Hyper

Light & Fluffy



Festive/ Tri Star
Long Grain
Parboiled Rice

5kg
57.99
10kg
108.99
25kg
274.99



Golden Prestige
Long Grain
Parboiled Rice

2kg
26.99
5kg
59.99
10kg
114.99



Golden Prestige
Long Grain
Parboiled Rice

20kg
234.99
25kg
289.99
50kg
589.99



Allsome Long
Grain Parboiled Rice

2kg
28.99
5kg
69.99
10kg
129.99
25kg
329.99



Golden Delight
Long Grain
Parboiled Rice

2kg
29.99
5kg
72.99
10kg
134.99



Golden Delight
Long Grain
Parboiled Rice

20kg
274.99
25kg
339.99



Spekko Blue Long
Grain Parboiled Rice

2kg
32.99
5kg
82.99
10kg
139.99
25kg
374.99



Aunt Caroline
Long Grain
Parboiled Rice
10kg

149.99



Royal Queen
Sella Basmati
1121 Rice
5kg

119.99



Aakifah
Sella Premium
Basmati Rice
5kg

129.99



Super Gold
Sella Premium
Basmati Rice
5kg

129.99



Golden Delight
Premium
Basmati Rice
5kg

139.99



Mehboob
White
Basmati Rice
5kg

109.99

Always Superb

Superb
Hyper

Golden Goodness



D'Lite
Pure Cooking
Oil

2lt
57.99
5lt
141.99



Sunola
Cooking Oil

2lt
54.99
4lt
114.99
5lt
129.99



Goldenglo
Pure Sunflower
Oil

2lt
57.99
5lt
139.99



Helios
Pure Sunflower
Oil

2lt
66.99
5lt
154.99



Sunfoil
Pure Sunflower
Oil

2lt
66.99
5lt
154.99



**Sunfoil/ Golden
Crisp**
Palm Oil
20lt

589.99

Always Superb

Superb
Hyper

Daily Freshness



Aquafresh
Toothpaste
100ml

16.99



Aquafresh
Medium
Toothbrush
1's

14.99



Organics
Shampoo/
Conditioner
400ml

56.99



Lifebuoy
Bath Soap
175gr

14.99



Santaloom
Soap
100gr

9.99



Belux
Handwash
500ml

19.99



Cuticura
Facewash/
Face Scrub
150ml

47.99



Clere
Vanishing Cream
50ml

36.99



Playgirl/Playboy
Deodorant
90/150ml

29.99



Dawn
Roll On
45ml

12.99



Nivea
Lotion/ Cream
250ml

49.99



Ingrams
Camphor Cream
Herbal Only
450ml

49.99



Clere
Hand & Body
Lotion
200ml

16.99



Clere
Body Cream
300ml

24.99



Clere
Petroleum
Jelly
250ml

32.99



Clere
Pure
Glycerine
50ml

11.99

Always Superb

Superb
Hyper

Smart Self-Care



**Lil Lets
Essentials
Pads
8's**

9.99



**Gynaguard
Pantyliners
20's**

15.99



**Gynaguard
Wipes
12**

21.99



**Be Beautiful
Yaki Braids
#1**

9.99



**Black Chic
Mega Hair
Colour Black
28ml**

17.99



**Vida
Blow Out
Relaxer
125ml**

34.99



**Dark & Lovely
Relaxer
Regular/ Super
125ml**

37.99



**Cherubs
Cotton Buds
100's**

10.99



**Compral
Powder
38's**

69.99



**Vicks
Acta Plus
Cough Syrup
50ml**

29.99



**Med Lemon
Sachets
8's**

74.99



**A Vogel
Multiforce
Sachets
10's**

84.99

Always Superb



Qualipet
Dog Blankets
1x1



54.99



Catmor
Cat Food
1.75kg

79.99



Ideal
Puppy Food
8kg

229.99



Catmor
Kitten Pouch
70gr

8.99



Rimax
Dog Food
7kg

109.99

Superb
Hyper

Made For Tiny Joys



Purity
Jar
125ml

12.99



Nestum
Cereal
200gr

26.99



Gentle Care
Baby Powder
400gr

31.99



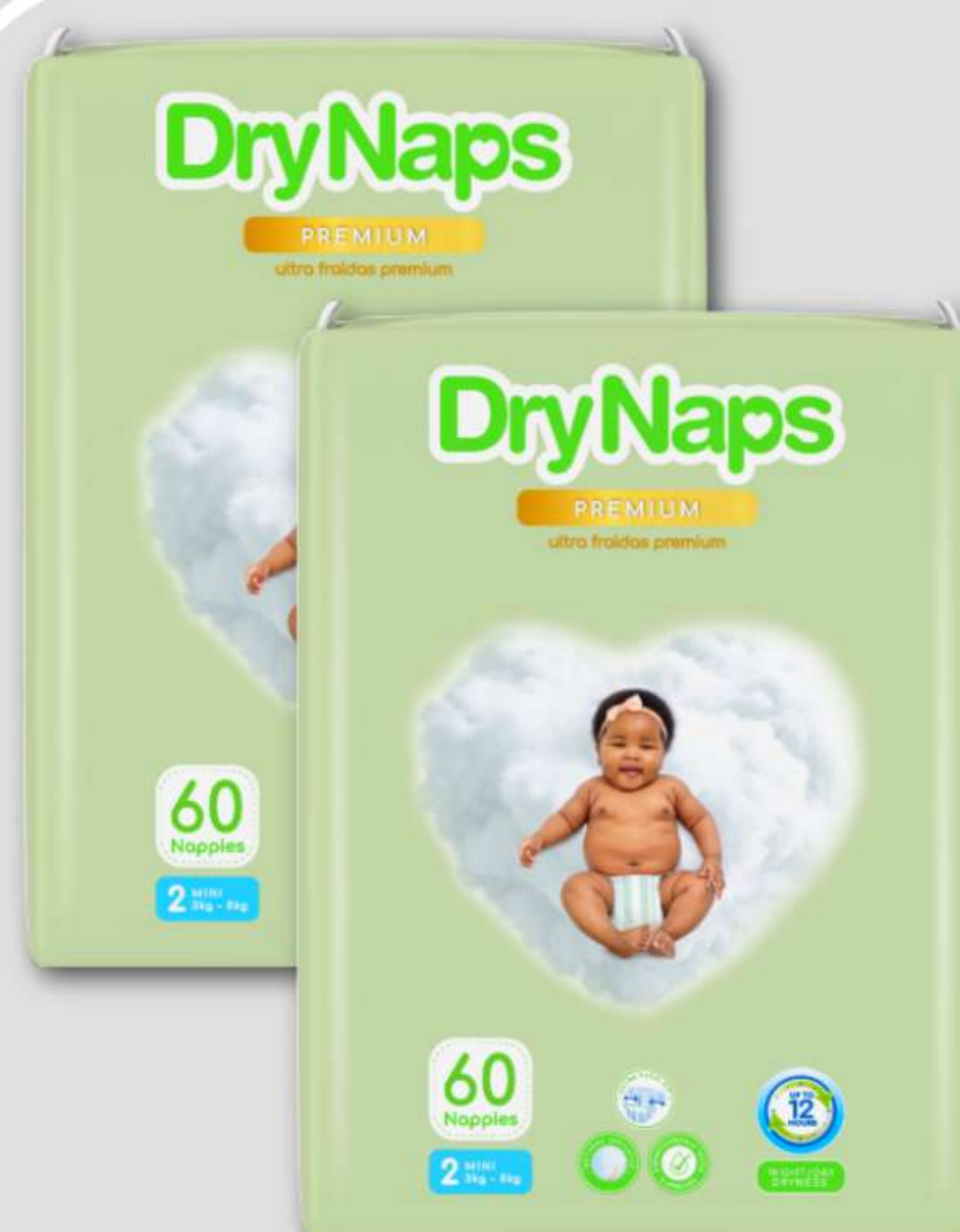
Purity
Baby Oil
125ml

34.99



Pampers
Baby Wipes
56/64's

29.99



Drynaps
Premium Value
Pack
1x1

99.99

Always Superb

Superb
Hyper

Bright Touch



Personal Touch
Fabric Softener
Refill 500ml

24.99



Sky
Hand Washing
Powder
2kg

Take 3 For
100



Sky
Auto Washing
Powder
2kg

37.99



Rave
Laundry Bar
500gr

10.99



Jik
Bleach
500ml

14.99



Vanish
Super Bar
75gr

13.99



Maq
Dishwashing
Liquid
750ml

26.99



Mr Sheen
Tile Cleaner
1lt

31.99



Chemico
Liqui Clean
Refill
750ml

24.99



Kiwi Kleen
Multi Surface
Cleaner
300ml

19.99



Mr Sheen
Pine Gel
Squeeze
750ml

24.99



Cobra/ Sunbeam
Floor Polish
350ml

32.99

Always Superb

Superb
Hyper

Defend Your Space



Airscent
Aerosol
200ml

19.99



Doom
Mosquito Coils
125gr



12.99



Raid
Insecticide
Spray
300ml

34.99



Newden
Candles
300gr

19.99

Always Superb



Broom
Whisk Medium
flagged
1x1

24.99



Foam
Cup
25x250ml

8.99



Paper
Plate
50's

19.99



Mop
Jumbo
1x1

31.99



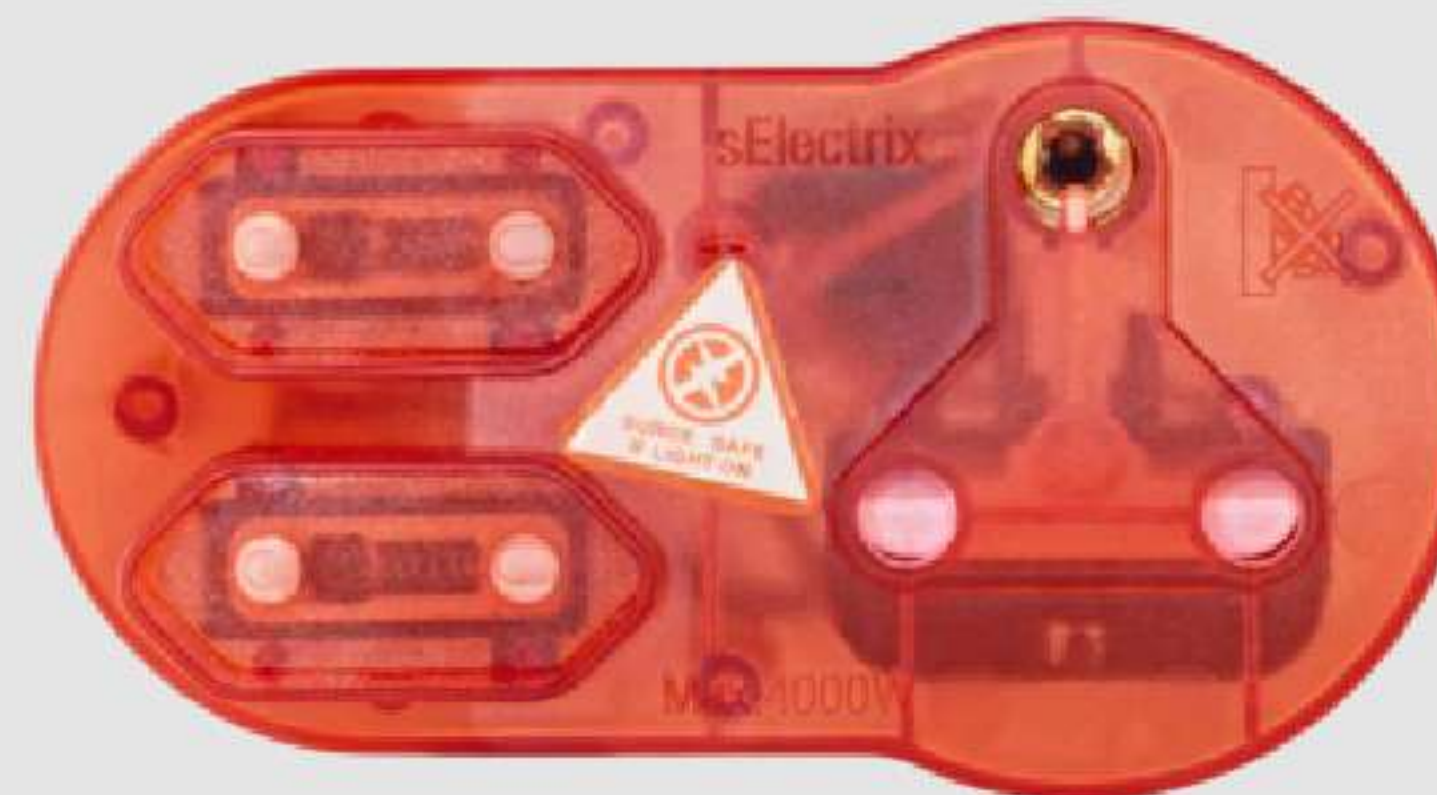
Foam
Container
20/25/30/31
75's

45.99



Elektron
Extension Cord
3M

74.99



S Electrix
Surge Adaptor
1x3 Pin + 2x2 Pin
1x1



74.99



Elektron
Surge Multiplug
10 Way

129.99



Sunny
Deluxe 2 Bar
Heater
1x1



199.99



Obac
Electric/ Gas
Stove 4 Plate
OB522

3199



Fridge Star
Chest Freezer
CF210 195lt

3199