

Superb
Hyper

**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Eezee
Pasta
500gr

9⁹⁹



Risi Marie
Value Pack
3x150gr

21⁹⁹



Super Gold
Yellow Split
Peas

1kg
11⁹⁹
2kg
23⁹⁹



Super Gold
Sugar Beans

500gr
14⁹⁹
1kg
29⁹⁹



Harvestime
Mixed Veg
900gr

29⁹⁹



Fry's
Braai Sausage
Value Pack
380gr

34⁹⁹



Vejoy
Soya Chico
Julienne 220gr/
Soya Cashew Nut
Balls 250gr

37⁹⁹



Rhodes
Baked Beans
6x410gr

59⁹⁹



Aakifah
Sella/Super Gold
Premium
Basmati Rice 5kg

114⁹⁹

Always Superb

17 Smithers Road, KwaDukuza
Tel : 032 551 1234
Offers valid from Wednesday 1st October
2025 till Tuesday, 7th October 2025

We reserve the right to limit quantities - E & OE
Prices subject to change without prior notice.
Pictures may vary from actual product.
Cash Back & Airtime available at Till Points.

Open 7 Days a week
Mon - Fri: 7.30 - 18.00 Sat: 7.30 - 16.00
Sun & Public Holidays: 8.00 - 15.00
Closed on Fridays from 11.00am - 1.30pm for prayers

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CATALOGUE ON:

ONLINE
superbhyper.co.za

WHATSAPP
064 923 7879

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**MEATLESS
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DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Loose Pea Dhall Polished Per Kg **11⁹⁹**



Loose White Rice Per Kg **12⁹⁹**



Loose Samp & Beans Per Kg **15⁹⁹**



Loose Brown Masoor Per Kg **19⁹⁹**



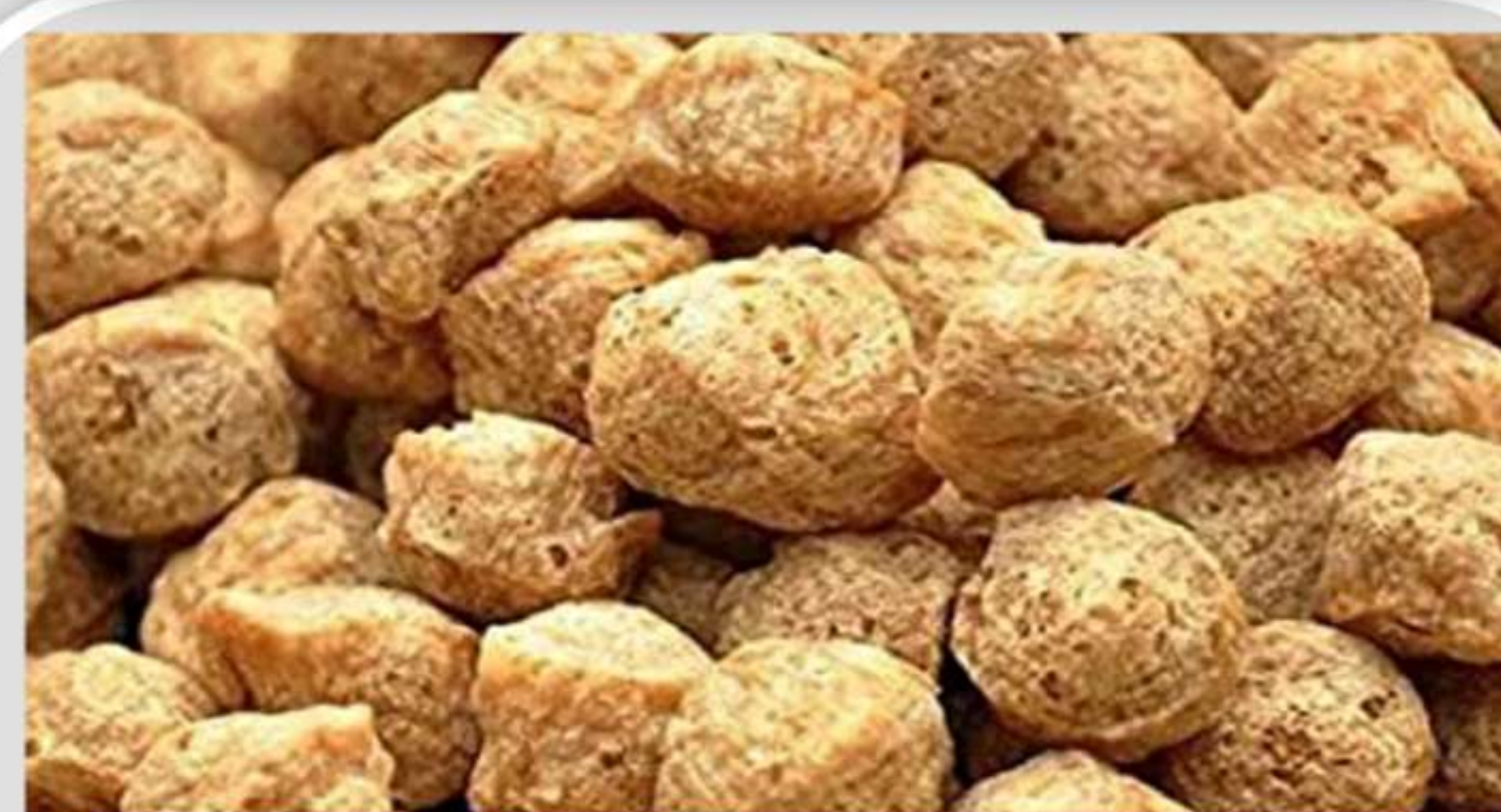
Loose Brown Gram Per Kg **21⁹⁹**



Loose Gram Dhall Per Kg **21⁹⁹**



Loose Yellow Moong Dhall Per Kg **32⁹⁹**



Loose Soya Chunks Light Per Kg **29⁹⁹**



Loose Soya Mince Light Per Kg **29⁹⁹**



Loose Sugar Beans Per Kg **29⁹⁹**



Loose Kidney Beans Per Kg **44⁹⁹**

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**MEATLESS
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DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Super Gold
Yellow Split Peas

1kg
11⁹⁹
2kg
23⁹⁹



Super Gold
Sugar Beans

500gr
13⁹⁹
1kg
27⁹⁹



Super Gold
Kidney Beans

500gr
22⁹⁹
1kg
44⁹⁹



Super Gold
Mince/Chunks
Light
500gr

14⁹⁹



Super Gold
Gram Dhall

500gr
11⁹⁹
1kg
22⁹⁹



Super Gold
Gram Flour

500gr
12⁹⁹
1kg
24⁹⁹



Super Gold
Masoor Brown

500gr
9⁹⁹
1kg
18⁹⁹



Super Gold
Oil Dhall

500gr
16⁹⁹
1kg
32⁹⁹



Super Gold
Pea Flour

500gr
7⁹⁹
1kg
14⁹⁹



Super Gold
Samp & Beans

500gr
8⁹⁹
1kg
16⁹⁹



Super Gold
White Rice

500gr
5⁹⁹
1kg
11⁹⁹



Super Gold
Whole Brown
Gram

500gr
10⁹⁹
1kg
21⁹⁹



Super Gold
Green Moongh

500gr
10⁹⁹
1kg
21⁹⁹



Super Gold
Yellow Moongh
Dhall

500gr
16⁹⁹
1kg
32⁹⁹



Super Gold
Jaw
100gr

4⁹⁹



Super Gold
White Urad Dhall
500gr

19⁹⁹

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**MEATLESS
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Golden Ribbon
Fried Onions
400gr

34⁹⁹



Golden Ribbon
Gram Dhall

500gr
14⁹⁹
1kg
24⁹⁹



Golden Ribbon
Gram Flour

500gr
14⁹⁹
1kg
26⁹⁹



Golden Ribbon
Kidney Beans

500gr
25⁹⁹
1kg
49⁹⁹



Golden Ribbon
Masoor Brown

500gr
10⁹⁹
1kg
19⁹⁹



Golden Ribbon
Oats
1kg

24⁹⁹



Golden Ribbon
Pea Flour
1kg

15⁹⁹



Golden Ribbon
White Rice

500gr
10⁹⁹
1kg
14⁹⁹



Golden Ribbon
Whole Green Moongh

500gr
10⁹⁹
1kg
21⁹⁹



Golden Ribbon
Yellow Moongh Dhall

500gr
17⁹⁹
1kg
34⁹⁹



Golden Ribbon
Yellow Split Peas

1kg
13⁹⁹
2kg
27⁹⁹

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**MEATLESS
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DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Golden Prestige
Long Grain
Parboiled Rice

2kg
23⁹⁹
5kg
52⁹⁹
10kg
95⁹⁹



Golden Delight
Long Grain
Parboiled Rice

2kg
28⁹⁹
5kg
63⁹⁹
10kg
117⁹⁹



Spekko Blue
Long Grain
Parboiled Rice

2kg
29⁹⁹
5kg
74⁹⁹
10kg
129⁹⁹



Nyala/
White Star
Super Maize

1kg
13⁹⁹
2.5kg
32⁹⁹



Nyala
Samp

1kg
15⁹⁹
2.5kg
39⁹⁹



Super Gold
Thai Jasmine
Rice 5kg

109⁹⁹



Super Gold
Sella Premium
Basmati Rice
5kg

114⁹⁹



Aakifah
Sella
Basmati Rice
5kg

114⁹⁹



Golden Delight
Premium
Basmati Rice
5kg

129⁹⁹



La Jawab
Sella Premium
Basmati Rice
5kg

124⁹⁹



India Gate
Basmati Rice
5kg

132⁹⁹



Az-Zahraa
Gold Sella
Basmati Rice
5kg

134⁹⁹



Eco-Friendly
Pure
Canola Oil

2lt
64⁹⁹
4lt
114⁹⁹



Goldenglo
Pure Sunflower
Oil

2lt
59⁹⁹
5lt
139⁹⁹



Helios
Pure Sunflower
Oil

2lt
65⁹⁹
5lt
154⁹⁹

Always Superb

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MEATLESS
SPEND LESS



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Vejoy
Soya Chico
Julienne 220gr/
Soya Cashew Nuts
Balls 250gr/
Soya Prawn 300gr

37⁹⁹



Vejoy
Vegetarian Fish
250gr

37⁹⁹



Vejoy
Nuggets
280gr

39⁹⁹



Vejoy
Chico Burger/
Crumbed Chico
Burger
320gr

39⁹⁹



Vejoy
Hotdog
300gr

39⁹⁹



Vejoy
Traditional
Sausage
320gr

39⁹⁹



Vejoy
Crumbed
Schnitzel
320gr

39⁹⁹



Vejoy
Tofu
400gr

39⁹⁹



Vejoy
Crumbed
Halloumi
250gr

47⁹⁹



Vejoy
Spicy Paneer
Poppers
250gr

47⁹⁹



Vejoy
Malai Paneer
200gr

24⁹⁹



Rozana
Paneer

Cubed- 200gr
29⁹⁹
Cubed- 400gr
49⁹⁹
1kg
119⁹⁹



Kara Niche's
Soya Burger
Patties
360gr

34⁹⁹



Sun C
Soya Burger Spicy
320gr/Sausage Spicy
500gr

47⁹⁹

Always Superb



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Frys
Burger Spiced
320gr

44⁹⁹



Frys
Burger
Traditional
320gr

44⁹⁹



Frys
Burger
Chicken Style
320gr

49⁹⁹



Frys
Burger
Original
320gr

54⁹⁹



Frys
Big Fry
Boerie
320gr

56⁹⁹



Frys
Butternut/
Meat Balls
240gr

59⁹⁹



Frys
Nugget
Chicken Style
380gr

52⁹⁹



Frys
Pie Curry /
Mushroom
350gr

38⁹⁹



Frys
Popcorn
360gr

51⁹⁹



Frys
Polony
380gr

39⁹⁹



Frys
Sausage Braai
Value Pack
380gr

34⁹⁹



Frys
Sausage
Hot Dog
Value Pack
360gr

37⁹⁹



Frys
Sausage Spicy
Value Pack
380gr

37⁹⁹



Frys
Sausage
Traditional
500gr/ Schnitzel
Crumbed
320gr

52⁹⁹



Frys
No Chicken
Burger 320gr

56⁹⁹



Frys
Soya Mince
Value Pack
300gr

39⁹⁹



Frys
Strips Chicken
Style/ Chunky
Beef Value Pack
380gr

49⁹⁹



Frys
No Chicken
Pieces 300gr

56⁹⁹



Frys
Sausage Rolls
400gr

51⁹⁹



Frys
Strips
Southern Fry
300gr

56⁹⁹

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MEATLESS
SPEND LESS



Eezee
Pasta
500gr

9⁹⁹



Zar
Fusili Screws/
Spaghetti/
Penne Rigate/
Shells/Macaroni
Sedano 400gr

11⁹⁹



Zar
Nest
Fettuccine
500gr

21⁹⁹



Pasta Grande
Macaroni/
Spaghetti
500gr

13⁹⁹



Pasta Grande
Macaroni

1kg
29⁹⁹
3kg
84⁹⁹



Pasta Grande
Spaghetti
1kg

29⁹⁹



Pasta Grande
Tricolor
500gr

15⁹⁹



Pasta Joy
Macaroni/
Spaghetti
500gr

11⁹⁹



Fattis & Monis
Macaroni/
Spaghetti
500gr

15⁹⁹



Eezee
Noodles
5x65gr

16⁹⁹



Samyang
Noodles
1x410gr

23⁹⁹

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**MEATLESS
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DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Saikav Gram
Dhall/ Lentils/ Moongh
Dhall/ Split Pea Dhall/
Heat & Eat 410gr

17⁹⁹



Tomco/Everyday
Baked Beans
410gr

8⁴⁹



Rhodes
Baked Beans
410gr

10⁹⁹



Rhodes
Baked Beans
6x410gr

59⁹⁹



Lucky Star
Baked Beans
410gr

11⁹⁹



Koo
Baked Beans
410gr

14⁹⁹



La Italiana
Sugar Beans
400gr

12⁹⁹



Everyday
Sugar Beans
410gr

14⁹⁹



Koo
Sugar Beans
410gr

22⁹⁹



La Italiana
Butter Beans
400gr

12⁹⁹



Everyday
Butter Beans
410gr

12⁹⁹



Rhodes
Butter Beans
400gr

17⁹⁹



Everyday
Samp
& Beans
410gr

12⁹⁹



Koo
Samp
& Beans
410gr

17⁹⁹

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La Italiana
Chick Peas
400gr

12⁹⁹



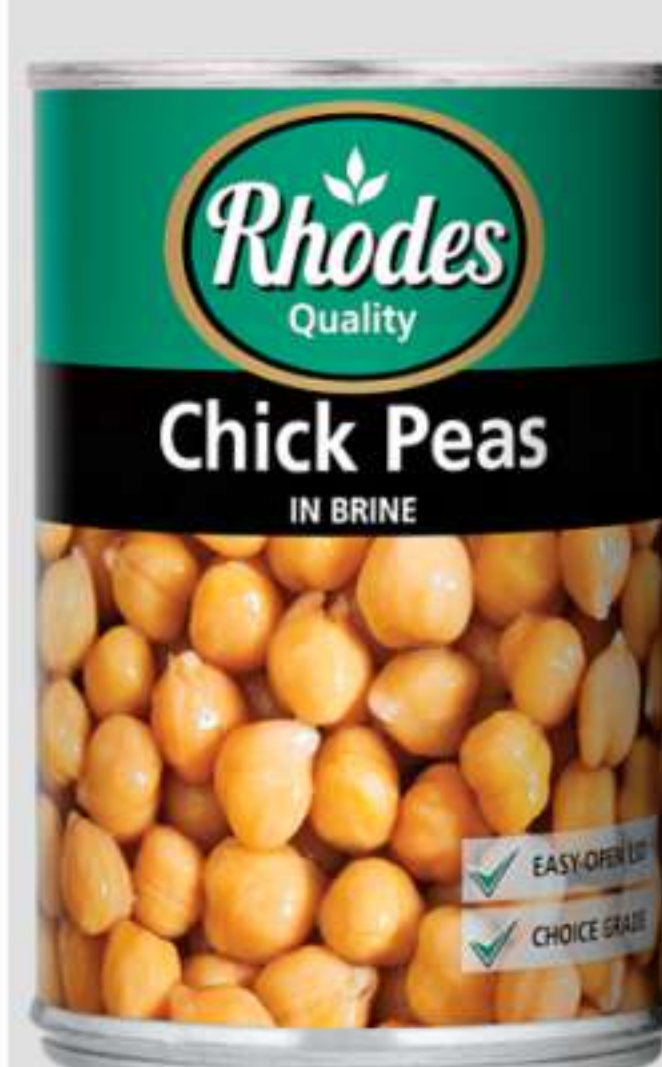
Everyday
Chick Peas In
Brine 400gr

13⁹⁹



Saikav
Chick Peas
410gr

17⁹⁹



Rhodes
Chick Peas
410gr

21⁹⁹



Everyday
Mix Veg
410gr

12⁹⁹



Everyday
Mix Veg
Curry 400gr

12⁹⁹



Gold Dish
Veg Curry
Regular 415gr

15⁹⁹



Rhodes
Mix Veg Curry
410gr

21⁹⁹



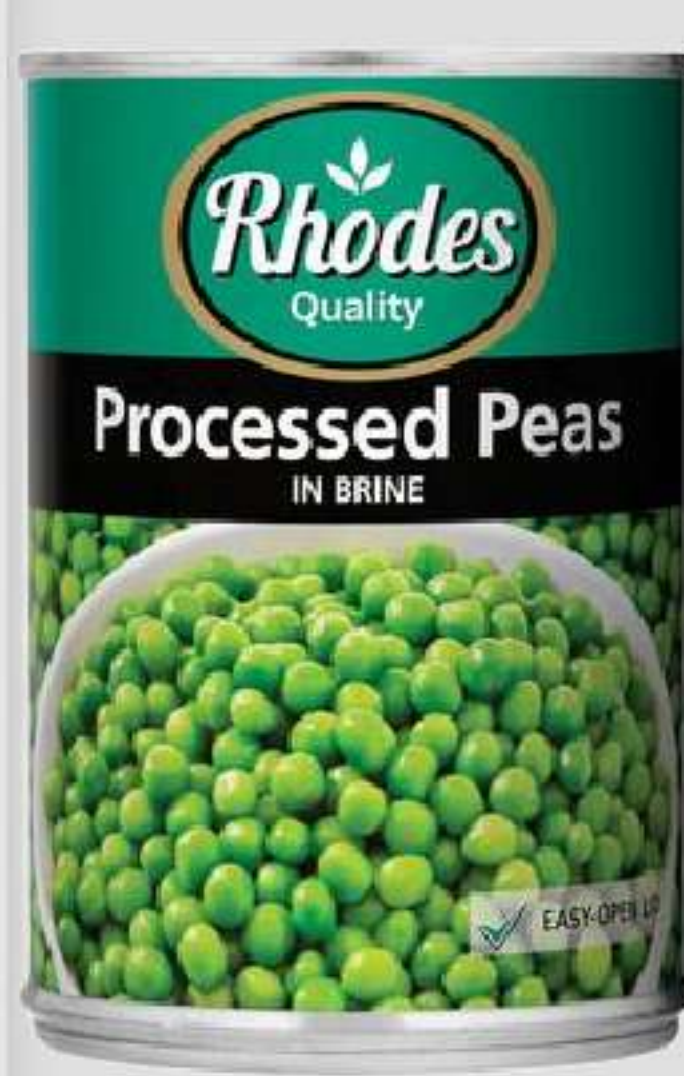
Everyday
Processed
Peas 400gr

11⁹⁹



La Italiana
Processed
Peas 400gr

15⁹⁹



Rhodes
Processed
Peas 410gr

15⁹⁹



Everyday
Creamstyle
Sweetcorn
400gr

14⁹⁹



La Italiana
Creamstyle
Sweetcorn
425gr

15⁹⁹



Rhodes
Creamstyle
Sweetcorn
400gr

17⁹⁹



Koo
Creamstyle
Sweetcorn
400gr

17⁹⁹



Koo
Chakalaka
Corn 410gr

21⁹⁹

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**MEATLESS
SPEND LESS**



Everyday
Tomato & Onion
Mix 400gr

12⁹⁹



La Italiana
Tomato Onion
Mix 410gr

13⁹⁹



Rhodes
Tomato & Onion
Mix 410gr

19⁹⁹



Everyday
Tomato Puree
400gr

13⁹⁹



La Italiana
Tomato Puree
400gr

13⁹⁹



La Italiana
Tomato Puree
680gr

27⁹⁹



La Italiana
Chopped Tomato
400gr

15⁹⁹



Rhodes
Chopped &
Peeled Tomatoes
410gr

21⁹⁹



Everyday
Chakalaka
Hot /Mild
400gr

14⁹⁹



Rhodes
Chakalaka
Mild & Spicy/ Hot
& Spicy 410gr

15⁹⁹



Rhodes
Chakalaka Beans
400gr

19⁹⁹



Koo
Chakalaka
Mild & Spicy/ Hot
& Spicy 410gr

19⁹⁹

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Harvestime
All In One Pot
Mix 600gr

22⁹⁹



Harvestime
Chips Straight
2kg

79⁹⁹



Harvestime
Country Mix
900gr

36⁹⁹



Harvestime
Mix Veg
900gr

29⁹⁹



Natures Garden
Mixed Veg
900gr

26⁹⁹



Natures Garden
Sweetcorn
750gr

29⁹⁹



Natures Garden
Garden Peas
750gr

28⁹⁹



Facto
Sweetcorn
1kg

29⁹⁹

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**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES

McCain's

Country Crop/ Mixed Veg/ Stew Mix/ Stir Fry French/ Stir Fry Hawaiian/ Sweetcorn/ 250gr



14⁹⁹

McCain's
Slap/Skinny Chips
1kg



47⁹⁹

McCain's
Fry Chips
900gr



39⁹⁹

McCain's
Garden Mix/
Country Crop
1kg



39⁹⁹

McCain's
Mashed Butternut
400gr



59⁹⁹

McCain's
Mixed Veg
1kg



39⁹⁹

McCain's
Peas/ Carrots/
Corn
750gr



39⁹⁹

McCain's
Broccoli/Butter/Sweet Potato/Carrot Julienne/Cauliflower
750gr



42⁹⁹

McCain's
Garden Spinach
750gr



54⁹⁹

McCain's
Green Beans/
Pumpkin Chunks
750gr



42⁹⁹

McCain's
Roast Veg
Mediterranean
700gr



39⁹⁹

McCain's
Stew Mix
600gr



29⁹⁹

McCain's
Stir Fry
African, Asian,
French, Hawaiian,
Mexican 700gr



34⁹⁹

McCain's
Sweet Corn
750gr



34⁹⁹

McCain's
Sweet Potato
Fries /Wedges
750gr



52⁹⁹

McCain's
Baby Peas
500gr



34⁹⁹

McCain's
Garden Peas
750gr



34⁹⁹

Always Superb

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**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



The Puff Man
Pastry

500gr
22⁹⁹
1kg
41⁹⁹
3kg
94⁹⁹



Today's
Puff Pastry
400gr

26⁹⁹



Fatima's
Puff Pastry

1kg
34⁹⁹
3kg
79⁹⁹



My O My
Puff Pastry
Square/Round
50's

79⁹⁹



Pastry Delights
Moon Dough
50's

71⁹⁹



My O My
Samoosa Pastry
1kg

89⁹⁹



Pastry Delights
Pie Pastry
(Mamas/Oval/
Rectangle/Rounds)
50's

139⁹⁹



Pastry Delights
Samoosa Pur
600gr

44⁹⁹



Fatima's
Samoosa Pur

500gr
42⁹⁹
800gr
74⁹⁹
1kg
84⁹⁹



Fatima's
Springroll
Pastry 50's

54⁹⁹



Switz
Springroll
Pastry 50's

54⁹⁹

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MEATLESS
SPEND LESS



The Puff Man
Puri



The Puff Man
Puri
12's

17⁹⁹

The Puff Man
White Pita Bread



The Puff Man
Pita Bread
6's

28⁹⁹

MY O MY
Puff Paratha
• PLAIN •



My O My
Paratha Plain
5's

28⁹⁹



Fatimas
Paratha Plain
400gr

37⁹⁹



My O My
Paratha Aloo
2's

49⁹⁹



My O My
Tortilla Wraps
5's

28⁹⁹



The Puff
Man Wraps
6's

31⁹⁹



Pastry
Delight
Cocktail
Pizza
Bases 20's

34⁹⁹



The Puff Man
Pizza Bases
Large 4's

54⁹⁹



Rozana
Rotis
12's

22⁹⁹

Always Superb



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Fatimas
Patha
650gr

21⁹⁹



Pizza News
Thick Base
Margarita
Pizza 300gr

59⁹⁹



My O My
Margarita
Pizza 6's

64⁹⁹



My O My
Spinach &
Feta Pies
6's

64⁹⁹



Pennywise
Party Pack
Cheese
30s

69⁹⁹



Just Pie
OvalVeg/Curry,
Spinach/Feta
4's

72⁹⁹



My O My
Cheese & Green
Pepper Rissois
12's

74⁹⁹



Todays
Party Pack
Cheese
800gr

94⁹⁹



Rozana
Samoosa Potato/
Soya/Sweetcorn
& Cheese
12's

27⁹⁹

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**MEATLESS
SPEND LESS**



**Cassim's
Dry Chillies**
50gr

8⁹⁹



**Pakco
Chilli Bite Mix**
250gr

14⁹⁹



**Southern
Coating**
200gr

15⁹⁹



**Cassim's
Vada Mix**
500gr

16⁹⁹



**Cassim's
Ready To Fry
Vada Mix**
500gr

24⁹⁹



**Osman's
Extra Special
Rajapuri
Turmeric
Powder 1kg**

64⁹⁹



**Osman's
Extra Special
Chilli Powder**
1kg

69⁹⁹



**Delite
Bombay Mix
Masala**
1kg

89⁹⁹



**Sun Spice
Breyani Mix
Whole**
100gr

21⁹⁹

Always Superb



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



La Italiana
Gherkin Sweet
Sour/Dil 680gr

24⁹⁹



Pakco
Veg Atchar
Hot/Mild 385gr

42⁹⁹



Pakco
Curried Chillies
325gr

37⁹⁹



Yello Lemon
Juice

250ml
9⁹⁹
500ml
17⁹⁹



Mums Lemon
Juice
500ml

13⁹⁹



Trulem Lemon
Juice

250ml
15⁹⁹
500ml
19⁹⁹



Mamas
Lemon Juice
2lt

54⁹⁹



Yello Lemon
Juice
2lt

57⁹⁹



Trulem
Lemon Juice
2lt

54⁹⁹



Knorr
Packet/Tasty
Soup 50gr

**3 For
20**



Jaba Sauce
Hot/Medium/
Extra Hot 250ml

21⁹⁹



Minnies
Sauce
250ml

27⁹⁹



All Gold
Tomato Sauce
700ml

32⁹⁹



Mamas
Tomato/Chilli
Sauce
750ml

24⁹⁹



Mamas
Mayonnaise
Mzansi
750ml

24⁹⁹

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**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Clover
Block Cheese



550gr
89⁹⁹
800gr
109⁹⁹



Clover
IWS Cheese
950gr

94⁹⁹



Parmalat
Slice Cheese

200gr
31⁹⁹
400gr
49⁹⁹
900gr
93⁹⁹



Parmalat
Block Cheese



600gr
99⁹⁹
850gr
119⁹⁹



Parmalat
Spread
150gr

21⁹⁹



Melrose
Cheese Spread

150gr
26⁹⁹
250gr
39⁹⁹
400gr
59⁹⁹



Melrose
Wedges
100gr

23⁹⁹



Parmalat
Butter
150gr

43⁹⁹



Parmalat
Grated Cheese

250gr
49⁹⁹
750gr
134⁹⁹



President
Feta Cheese

200gr
42⁹⁹
400gr
59⁹⁹



Clover
Feta Cheese

200gr
39⁹⁹
400gr
64⁹⁹



The Laughing Cow
Original 120gr



29⁹⁹



Kiri
Cream Cheese
100gr

44⁹⁹

Always Superb

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**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Clover
Numel Medium
Fat Milk 6x1lt

74⁹⁹



Clover UHT
Full Cream Milk
6x1lt

99⁹⁹



Everfresh
Full Cream Milk
6x1lt

89⁹⁹



Clover
Fresh Milk

250ml
9⁹⁹
500ml
13⁹⁹
1lt
22⁹⁹



Clover
Fresh Milk Full
Cream/Low Fat
2lt

31⁹⁹



Spring Meadow
Full Cream Milk
2lt

29⁹⁹



Bonle
Fresh Milk

500ml
9⁹⁹
1lt
15⁹⁹
2lt
22⁹⁹



Bonle
Fresh Milk
Sachet
1lt

9⁹⁹



Melda
Fresh Milk
Sachet
1lt

10⁹⁹



Melda
Fresh Milk
2lt

27⁹⁹

Always Superb

Superb
Hyper

**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Nyala
Porridge
1kg

22⁹⁹



White Star
Porridge
1kg

24⁹⁹



Heartlands
Corn Flakes

500gr
27⁹⁹
1kg
37⁹⁹
1.2kg
47⁹⁹



Kellogg's
Corn Flakes

500gr
37⁹⁹
1.2kg
74⁹⁹



Super Gold
Oats
1kg

24⁹⁹



La Italiana
White Oats
1kg

26⁹⁹



Jungle Oats
Regular Pouch

500gr
26⁹⁹
1kg
34⁹⁹



Kellogg's
Rice Krispies
Vanilla
500gr

57⁹⁹



Kellogg's
All Bran Flakes
1kg

69⁹⁹



Bokomo
Weetbix
450gr

27⁹⁹



Bokomo
Weetbix

900gr
52⁹⁹
1.35kg
69⁹⁹

Always Superb

Superb
Hyper

**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Mountain Honey
Original, Black Seed,
Ginger & Lemon,
Cinnamon, Ginger
500gr

29⁹⁹



Liberty
Honey
Squeeze
Bottle 500gr

54⁹⁹



Liberty
Coconut Cream
400ml

27⁹⁹



La Italiana
Coconut Milk
400gr

21⁹⁹



La Italiana
Coconut Milk
Light 400gr

18⁹⁹



La Italiana
Condensed
Milk 390gr

19⁹⁹



Clover
Condensed
Milk 385gr

31⁹⁹



Nestle
Condensed Milk
385gr

31⁹⁹



Nestle
Dessert
Cream
385gr

26⁹⁹



Azam
Cake Wheat
Flour

2.5kg
28⁹⁹
5kg
57⁹⁹



Sasko
Cake Wheat
Flour

2.5kg
33⁹⁹
5kg
67⁹⁹



Sasko
Self Raising
Flour

1kg
15⁹⁹
2.5kg
39⁹⁹



Golden Cloud
Semolina
500gr

10⁹⁹



Snowflake
Easy Mix

500gr
18⁹⁹
1kg
29⁹⁹



Snowflake
Creations
1x1

44⁹⁹



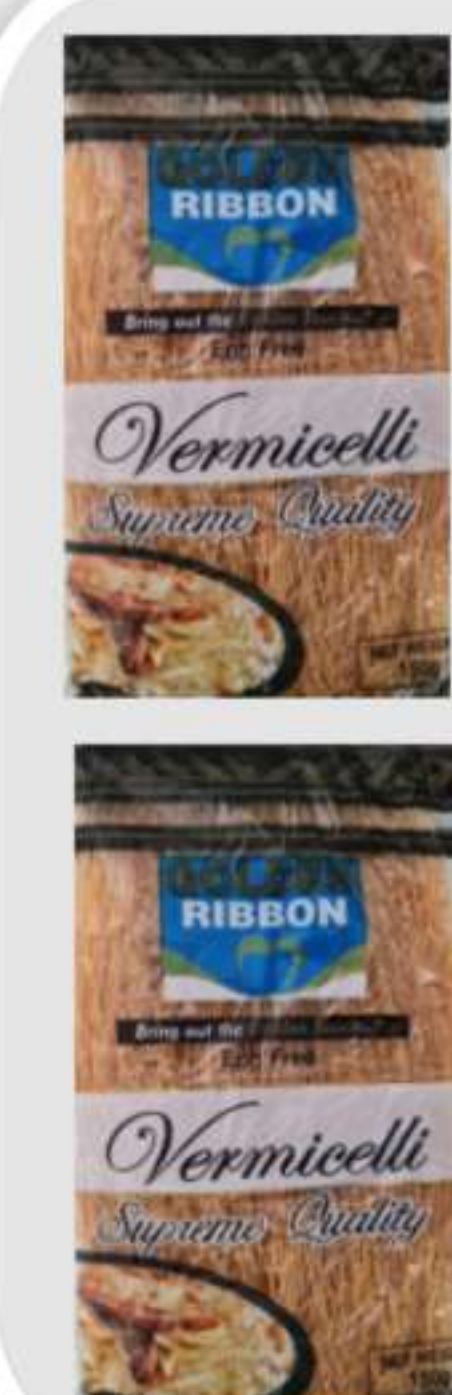
Sunshine
Vermicelli
500gr

29⁹⁹



Mallies
Vermicelli
400gr

11⁹⁹



Golden Ribbon
Vermicelli
150gr

7⁹⁹

Always Superb

Superb
Hyper

**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Super Gold
Almonds Diced
100gr

26⁹⁹



Golden Ribbon
Almonds Powder
100gr

26⁹⁹



Super Gold
Almonds Sliced
100gr

26⁹⁹



Super Gold
Almonds
Slivered
100gr

26⁹⁹



Super Gold
Almonds Whole

100gr
26⁹⁹
1kg
169⁹⁹



Super Gold
Bakers Mix
500gr

15⁹⁹



Super Gold
Baking Powder

500gr
29⁹⁹
1kg
59⁹⁹



Super Gold
Castor Sugar

500gr
13⁹⁹
1kg
24⁹⁹



Super Gold
Dessicated Coconut

400gr
41⁹⁹
1kg
79⁹⁹



Super Gold
Icing Sugar

500gr
13⁹⁹
1kg
24⁹⁹



Super Gold
Saigo Seeds

200gr
7⁹⁹
500gr
13⁹⁹

Always Superb

Superb
Hyper

**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES

Golden Ribbon Almonds Whole



100gr
24⁹⁹
500gr
89⁹⁹
1kg
159⁹⁹



Golden Ribbon
Bakers Mix
500gr

21⁹⁹

Golden Ribbon
Baking Chocolate
500gr



34⁹⁹

Golden Ribbon
Baking Powder



500gr
27⁹⁹
1kg
49⁹⁹

Golden Ribbon
Castor Sugar



500gr
12⁹⁹
1kg
24⁹⁹

Golden Ribbon
Coconut Cream
400ml



24⁹⁹

Jussvina
Coconut Water
330ml



13⁹⁹

Golden Ribbon
Corn Flour



500gr
11⁹⁹
1kg
19⁹⁹

Golden Ribbon
Dessicated Coconut



500gr
49⁹⁹
1kg
94⁹⁹

Golden Ribbon
Icing Sugar



500gr
13⁹⁹
1kg
24⁹⁹

Golden Ribbon
Saigo Seeds
200gr



13⁹⁹

Always Superb

Superb
Hyper

**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Moorriver
Salted Butter
500gr

64⁹⁹

3 PER
CUSTOMER



Bonnita
Salted Butter
500gr

69⁹⁹



Flora
Fat Spread Tub
Regular/Light

500gr
37⁹⁹
1kg
59⁹⁹



Flora
Fat Spread
Gold

500gr
41⁹⁹
1kg
67⁹⁹



Flora
Plant Spread
Tub
500gr

41⁹⁹



Rama Original

500gr Brick
26⁹⁹
500gr Tub
37⁹⁹
1kg Tub
59⁹⁹



Rama
Spread For Bread
Tub

500gr
27⁹⁹
1kg
42⁹⁹



Rama
Spread For Bread
Brick 500gr

18⁹⁹



Rondo
Margarine
Brick
500gr

15⁹⁹



Rondo
Margarine Tub
1kg

32⁹⁹



Stork
Country Spread
Brick 500gr

23⁹⁹



Stork
Country
Spread Tub

500gr
32⁹⁹
1kg
47⁹⁹



Stork
Brick Bake
500gr

32⁹⁹



Stork
Brick Bake White
500gr

32⁹⁹

Always Superb

Superb
Hyper

**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Cordon Bleu
Flavoured
Butter 500gr

19⁹⁹



d'Lite
Margarine
Brick 500gr

14⁹⁹



d'Lite
Margarine Tub

500gr
19⁹⁹
1kg
34⁹⁹



Romi
Margarine
Brick 500gr

11⁹⁹



Romi
Margarine
Tub 1kg

26⁹⁹



Sunshine D
Original Brick
500gr

21⁹⁹



Sunshine D
Original
Tub 1kg

39⁹⁹



Wooden Spoon
Margarine
500gr

21⁹⁹



Clover
Ghee 1.5kg

224⁹⁹



Mums
Ghee 1.5kg

99⁹⁹



Farmside Ghee

400gr
49⁹⁹
1.5kg
139⁹⁹



Rozana
Ghee 1.5kg

149⁹⁹

Always Superb

Superb
Hyper

**MEATLESS
SPEND LESS**



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES

La Italiana
Peanut Butter



400gr
22⁹⁹
800gr
44⁹⁹

Yum Yum
Peanut Butter
400gr



34⁹⁹

Supreme Choice
Peanut Spread
1kg



44⁹⁹

La Italiana
Hazelnut/
Duo Spread
350gr



34⁹⁹

Lotus Biscoff
Spread Smooth
400gr



84⁹⁹

Nutella
Chocolate Spread
350gr



94⁹⁹

Nestle
Dessert Topping
Bar One/Milky Bar/
Peppermint Crisp
500ml



159⁹⁹

Lotus Biscoff
Dessert Topping
1kg



239⁹⁹

Nur
Pistachio Sauce
500ml



299⁹⁹

Mamas
Mixed Fruit/Apricot
Jam 450gr



18⁹⁹

Hazeldene
Mix Fruit Jam



450gr
22⁹⁹
900gr
32⁹⁹

Melrose
Bottle Spread
400gr



59⁹⁹

Always Superb



DISCOVER OUR WIDE RANGE OF MEAT-FREE CHOICES



Ovenbake
Biscuit Fancy
A/B Tub
1kg

94⁹⁹



Ovenbake
Biscuit Fancy
C Tub
1kg

109⁹⁹



Ovenbake
Biscuit Fancy
E Tub
1kg

74⁹⁹



Ovenbake
Biscuit Fancy
J Tub
1kg

119⁹⁹



Ovenbake
Biscuit Fancy
Small Tub
500gr

64⁹⁹



Golden Ribbon
Biscuit Tub
Large
1kg

74⁹⁹



Ili Mili
Biscuit
125gr

5⁹⁹



Britannia
Milk/Wheat
Rusk
310gr

19⁹⁹



De Vries
Choco Rings
White/ Brown
150gr

17⁹⁹



De Vries
Double Velvet
Chocolate
185gr

21⁹⁹



De Vries
Ginger
Biscuit
200gr

12⁹⁹



Nutro
Creams
82.5gr

4⁹⁹



Nutro
Crackers
200gr

10⁹⁹



Nutro
Wafer
75gr

8⁹⁹



Risi
Marie Biscuit
Value Pack
3x150gr

21⁹⁹



Tasty Treats
Wafers
(Chocolate Nut,
Strawberry, Vanilla)
100gr

7⁹⁹

Superb
Hyper

**MEATLESS
SPEND LESS**



**Camphor
Block
Deer Brand**

9⁹⁹



**G3
Light Aluminium
Foil 5mt**

12⁹⁹



**Snack Wrap
Wax Paper
10mt**

13⁹⁹



**Twinsaver
Kitchen Towel
4's**

Take 3 For
100



**Bon Voyage
Pot Set
LW3 6 Piece**

129⁹⁹



**Kango
Pot Set
10 Piece**

399



**Biscuit Barrel
1x1**

Small
7⁹⁹
Medium
9⁹⁹



**Platter Base
1x1**

Half Set
10⁹⁹
Square Set
17⁹⁹



**Container
Black/Clear
38F 5's**

14⁹⁹



**Bon Bon
Tub+Lid
2's**

15⁹⁹



**Foam Tubs
250ml
25's**

18⁹⁹



**Foil Tray
Medium Dome/
Board Lid
5's**

21⁹⁹

Always Superb

Promo Valid Till 7th October 2025