



Albany
Superior Bread
700gr

Brown
13⁹⁹
White
15⁹⁹



Bonle
Fresh Milk
Sachet
1lt

9⁹⁹



Bonle
Fresh Milk
Jug
2lt

22⁹⁹



Farmgate
Uht Milk
6x1lt

79⁹⁹



Lays
Potato Chips
(American Bbq/
Caribbean Onion/
Chinese 5 Spice/
Italian Truffle/
Salted /Spring
Onion 120gr

13⁹⁹



Cadbury
Slabs
80gr

15⁹⁹



Bakers
Eet Sum Mor
200gr

24⁹⁹



Bokomo
Weetbix
1.35kg

69⁹⁹



Koo
Baked Beans
410gr

13⁹⁹



Frys
Traditional
Sausage/
Original Burger
500/320gr

44⁹⁹



Ricoffy
Tin
400gr

84⁹⁹



Brookes
Oros Juice
5lt

89⁹⁹



Surf
Hand Washing
Powder
2kg

42⁹⁹



Azam
Cake Wheat
Flour
10kg

94⁹⁹



Huggies
Dry Comfort
Jumbo Pack
1x1

149⁹⁹

Meatless Promotion Available Instore



Scan QR Code for
full catalogue

Superb
Hyper

MIX MATCH SAVE



COMBO 1



Golden Prestige Rice 10kg+
KO Super Maize 10kg+
Pro Cake Flour 10kg+
Goldenglo Oil 5lt

411

COMBO 2



Aunt Caroline Rice 10kg+
Nyala Super Maize 10kg+
Azam Cake Flour 10kg+
Helios Oil 5lt

478

COMBO 3



Golden Prestige Rice 10kg+
KO Super Maize 10kg+
Pro Cake Flour 10kg+
Goldenglo Oil 5lt+
Selati Brown Sugar 5kg+
Sheraz Sugar Beans 5kg

641

Always Superb



Nestle
Condensed
Milk
385gr

31.99



Nestle
Dessert Cream
290gr

26.99



Snowflakes
Creations
5x1

49.99



Super Gold
Castor/ Icing
Sugar
1kg

24.99



Golden Ribbon
Dessicated
Coconut
500gr

49.99



Klim
500gr

72.99



Royal
Baking Powder
200gr

27.99



Koo
Fruit
Cocoktail
825gr

49.99



Dew Choc
Baking
Chocolate
500gr

37.99



Ultramel
Vanilla Custard
1lt

24.99



Black Cat
Peanut Butter
800gr

77.99



Hugos
Mix Fruit Jam
900gr

32.99



Melrose
Bottle Spread
400gr

59.99



Sunshine
Bread 700gr

Brown
11.49
White
12.49



Fresh
Fancy Cake
1x1

57.99



Fresh
Cream Buns
6x1

18.99

Superb
Hyper

A Cup Of Comfort



Freshpak
Rooibos
80's

47.99



Nestle
Milo Pouch
750gr

99.99



Five Roses
Teabags
100's

57.99



Enrista
Cappuccino
10's

34.99



Nestle
Hot Chocolate
250gr

54.99



Cremora
Coffee Creamer
750gr

54.99

Always Superb

Superb
Hyper

Start Fresh, Snack Right



White Star
Porridge
1kg

24.99



Jungle
Oats
2kg

84.99



Kellogg's
Corn Flakes
1.2kg

74.99



Simba
Potato Chips
120gr

15.99



Simba
Niknaks
135gr

12.99



De Vries
Double Velvet
185gr

21.99



Bakers
Romany Creams/
Chockits
200gr

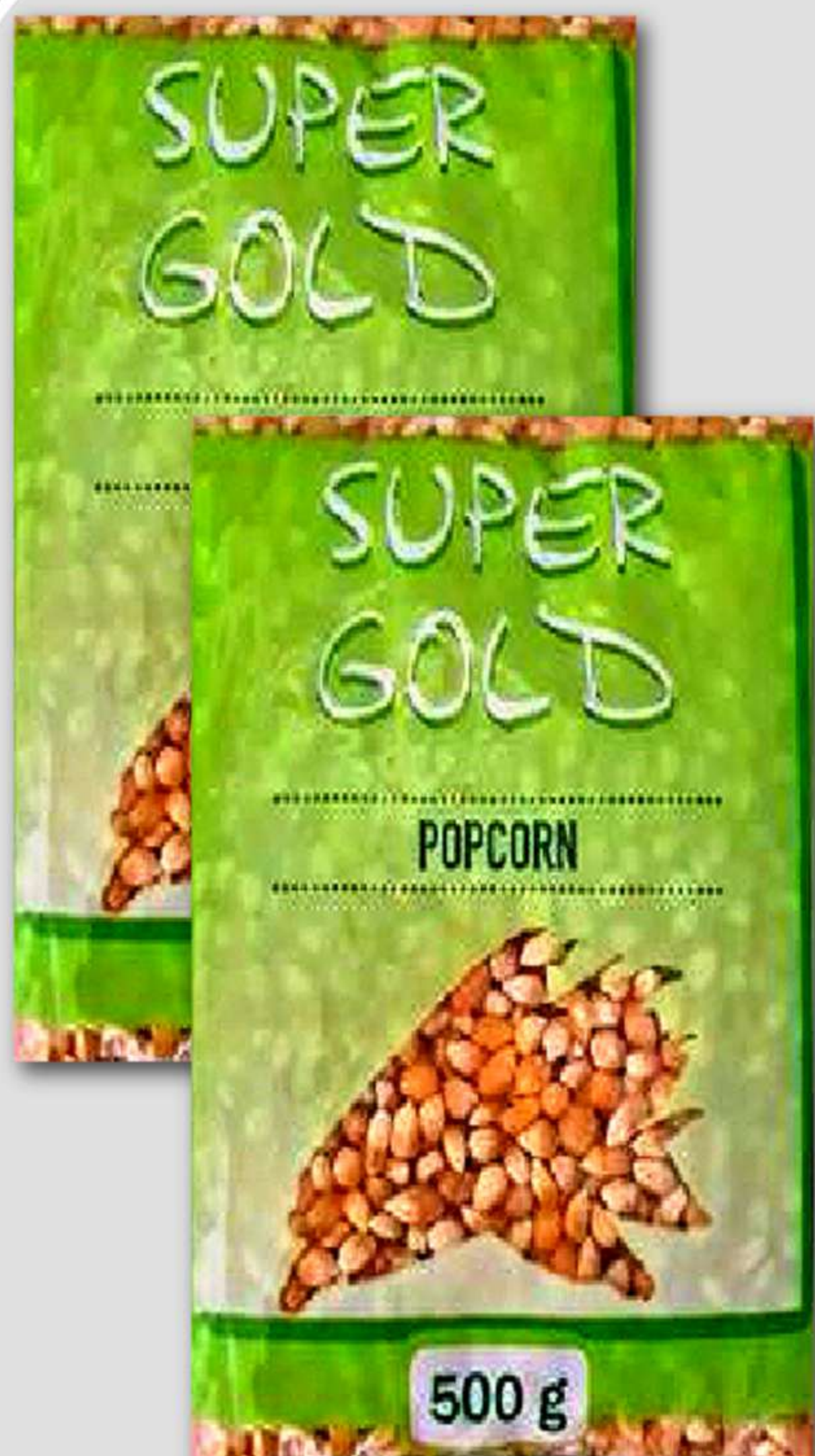
31.99



Bakers
Cream Crackers
200gr

21.99

Always Superb



Supergold
Popcorn Seed
500gr

9.99



Supergold
Sugar Beans

500gr
13.99
1kg
27.99



Supergold
Masoor
1kg

18.99



Supergold
Yellow Split
Peas

1kg
11.99
2kg
23.99



Rhodes
Baked Beans
410gr

10.99



Koo
Baked Beans
400gr

13.99



Koo
Butter Beans
410gr

22.99



Rhodes
Chakalaka
410gr

15.99



Koo
Beetroot
780gr

25.99



Fattis & Monis
Macaroni/
Spaghetti
500gr

15.99



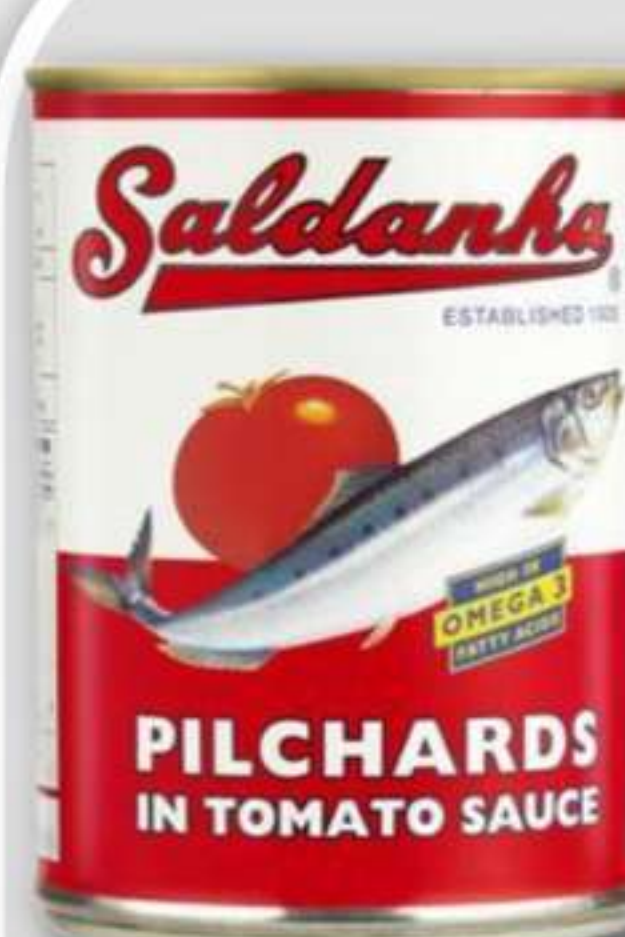
Bull Brands
Corned Meat
300gr

24.99



Saldanha
Middlecut
400gr

29.99



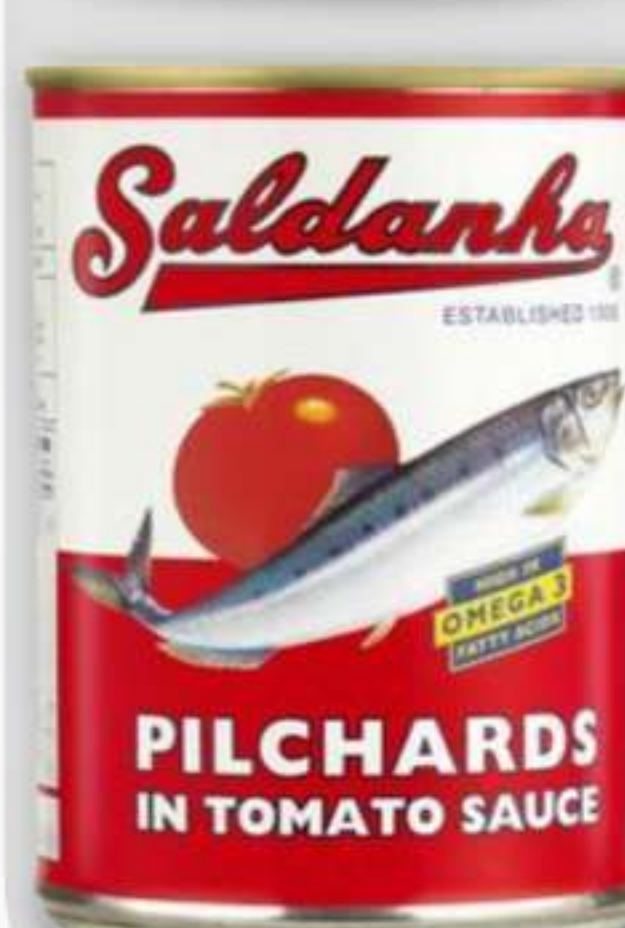
Saldanha
Pilchards
400gr

22.99



Lucky Star
Sardines
120gr

15.99





Chip Dip/
Peri Mayo/
Mustard/
Peri Peri

Mamas
Sauce
750ml

24.99



Nandos
Sauce
250ml

37.99



All Gold
Tomato Sauce
700ml

31.99



Nola
Mayonnaise

750gr

37.99

1.5kg

74.99

3kg

149.99



Knorr
Cook In Sauce
48gr

15.99



Knorr
Cup Soup
80gr

17.99



Knorrox
Soup Bag
750gr

27.99



Imana
Soya
400gr

31.99



Southern
Coating
200gr

15.99



Knorrox
Cubes
36's

29.99



Osmans
Extra Special
Chilli Powder
1kg

69.99



Delite
Bombay Mix
Masala
1kg

89.99



Rainbow
Mix Portions

2kg
79.99

4kg
159.99

5kg
199.99



Natures Garden
Sweetcorn
750gr

29.99



McCains
Baby Peas
500gr

34.99



McCains
Garden Mix
1kg

39.99



Vejoy
Spicy Paneer
Poppers/ Crumbed
Halloumi
250gr



47.99



Rozana
Paneer Cubed
400gr

49.99

Superb
Hyper

Premium Quality Butchery



A Grade Bulk
Stewing Beef
Uncooked
Per Kg

**Instore
Special**



A Grade Beef
Chuck/Brisket/ Blade
Uncooked
Per Kg

**Instore
Special**



A Grade Beef
Mince
Uncooked
Per Kg

**Instore
Special**



A Grade Beef
Short/ Prime Rib
Uncooked
Per Kg

**Instore
Special**



A Grade Beef
Silverside
Uncooked
Per Kg

**Instore
Special**



A Grade Beef
Topside
Uncooked
Per Kg

**Instore
Special**



Beef
Meaty Bones
Uncooked
Per Kg

39⁹⁹



Bushcamp/
Chakalaka Wors
Uncooked
Per Kg

109⁹⁹



Choice Wors
Uncooked
Per Kg

114⁹⁹



Fresh
Whole Birds
Uncooked
3x1

199⁹⁹

Always Superb

Offers Valid Till 30th September 2025



My O My
Puff Pastry
Round/ Square
50's

79.99



Simply Chicken
Viennas
500gr

59.99



Goldi
Crumbed Chicken
Burger
960gr

64.99



Chicken Tizer
Chesy Strips
1kg

74.99



Parmalat
Cheese
Slices
900gr

93.99



I & J
Fish Fingers
600gr

69.99



I & J
Beefers
800gr

94.99

Superb
Hyper

Dairy Fresh, Everytime



Clover
Fresh Cream/
Sour Cream
250ml

29.99



Cappy
Fruit Juice
1.5lt

29.99



Magalies
40%
Concentrate
1lt

44.99



Shelford
Concentrate
1.25lt

24.99



Rhodes
Nectar Juice
1lt

16.99



Tropika
Jug
2lt

32.99



Krush
100% Fruit
Juice
1.5lt

42.99



Danone
Danup
950gr

21.99



Inkomazi
1.8kg

29.99



Clover
Smooth
Yoghurt
6x100gr

17.99



Clover
Fruits Of The
Forest Yoghurt
1kg

29.99



D'Lite
Margarine
Brick
500gr

14.99



Rama
Original Tub
1kg

54.99



Stork
Spread Tub
1kg

44.99



Bonnita
Choice Butter
500gr

69.99



Amina's
Wonder Spice
Marinade
325gr

34.99

Always Superb



Super Gold
Brown Sugar

5kg
94.99

10kg
189.99



**Golden
Prestige/ Real**
White Sugar
10kg

184.99



Selati
White Sugar

2.5kg
54.99

5kg
104.99

10kg
209.99



Selati
Brown Sugar

2kg
41.99

5kg
99.99

10kg
194.99



Huletts
White Sugar

2.5kg
55.99

10kg
214.99

Superb
Hyper

Magic In Every Mix



Pro
Cake Wheat Flour
10kg

95.99



Bakerite
Cake Wheat
Flour
10kg

97.99



Sasko
Cake Wheat
Flour

2.5kg
33.99

5kg
67.99

10kg
112.99



Azam
Cake Wheat Flour

2.5kg
28.99

5kg
57.99

10kg
94.99



Snowflake
Cake Wheat
Flour

2.5kg
34.99

5kg
69.99

10kg
114.99

Always Superb

Pure Maize Comfort



Ko
Super Maize

5kg
39.99
10kg
74.99
25kg
184.99



Nyala
Super Maize

5kg
59.99
10kg
89.99
25kg
229.99



White Star
Super Maize

5kg
59.99
10kg
99.99
25kg
249.99



Ingonyama
Super Maize

5kg
39.99
10kg
74.99
25kg
184.99



Sheraz
Sugar Beans

4kg
104.99
5kg
129.99
10kg
259.99



Fluffy & Flavorful



Tri Star
Long Grain
Parboiled Rice

5kg	46.99
10kg	92.99
25kg	229.99



Festive
Long Grain
Parboiled Rice

5kg	49.99
10kg	93.99
25kg	237.99



Golden Prestige
Long Grain Parboiled Rice

2kg	23.99
5kg	52.99
10kg	99.99
20kg	201.99
25kg	252.99



Thokoza Long
Grain Parboiled Rice

5kg	52.99
10kg	100.99
20kg	201.99
25kg	252.99



Allsome
Long Grain
Parboiled Rice

10kg	114.99
25kg	294.99



Golden Delight
Long Grain
Parboiled Rice

2kg	28.99
5kg	63.99
10kg	118.99



Golden Delight
Long Grain
Parboiled Rice

20kg	248.99
25kg	298.99



Spekko Blue Long
Grain Parboiled Rice

2kg	29.99
5kg	74.99
10kg	129.99



Aunt Caroline
Long Grain
Parboiled Rice

10kg	137.99
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Aakifah/ Super Gold
Sella Premium
Basmati Rice

5kg	114.99
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La Jawab
Sella Premium
Basmati Rice

5kg	124.99
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Golden Delight
Premium
Basmati Rice

5kg	129.99
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India Gate
Sella
Basmati Rice

5kg	132.99
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Az- Zahraa
Gold/ Creamy
Sella Basmati Rice

5kg	134.99
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Superb
Hyper

Crisp Perfection



Sunola
Cooking Oil

2lt
56.99
4lt
116.99
5lt
137.99



Eco-Friendly
Pure Canola
Cooking Oil

2lt
64.99
4lt
114.99



D'Lite
Pure Cooking Oil

2lt
57.99
5lt
137.99



Goldenglo
Pure Sunflower
Oil

2lt
59.99
5lt
139.99



Snaxol
100% Palm Oil

5lt
129.99
20lt
499.99



Helios
Pure Sunflower Oil

2lt
65.99
4lt
129.99
5lt
154.99



Sunfoil
Pure Sunflower Oil

2lt
65.99
4lt
129.99
5lt
154.99



**Golden
Crisp**
Palm Oil
20lt

559.99



Sunfoil
Palm Oil
20lt

564.99

Always Superb

Superb
Hyper

Everyday Self-Care



Flodent
Toothpaste
Original
100ml

12.99



Colgate
Regular Twinpack
2x100ml

39.99



Colgate
Double Action
Toothbrush
1x1

16.99



Protex
Soap
150gr

11.99



Dove
Beauty Bar
(Coco Milk/ Revive
/Shea Butter/
White)
90gr

17.99



Satskin
Bubble Bath
2lt

74.99



Revlon
Shampoo/
Conditioner
650ml

49.99



Gentle Magic
Cream Jar
50ml

13.99



Bodidoc
Tissue Oil
200ml

59.99



Nivea
Roll On
50ml

24.99



Yardley
English Blazer,
Legacy, Lace, White
Satin, Gorgeous
90ml/125ml

39.99



Germol
Antiseptic Liquid
1lt

99.99



Nivea
Sun Screen
SPF 50+
200ml

219.99



Nivea
Lotion/
Cream
400ml

57.99



Bodidoc
Tissue Oil
Cream
500ml

34.99



Dawn
Lotion/ Cream
400ml

24.99



Clere
Body Cream
450/500ml

36.99



Vaseline
Petroleum
Jelly
450ml

59.99



Clere
Gly Co Oil
100ml

19.99

Always Superb

Superb
Hyper

Smart Care Made Easy



Always
Maxi Pads
8/9/10's

14.99



Gynaguard
Pantyliners
40's

26.99



Gynaguard
Essential Wash
140ml

69.99



Bic
Miss Soleil
Razors
4's

54.99



Veet
Hair Removal
Cream
100ml

99.99



Black Chic
Mega Black
Hair Colour
28ml

14.99



Darling
Naturi Braid
Value Pack
1x1

26.99



Amla
Hair Oil
Original Green
350ml

49.99



Glamour
Hair Identifier
150ml

59.99



Revlon
Colour Silk
Hair Colour
1x1

69.99



Dark & Lovely
Relaxer/
Super
250ml

49.99



Panado
Spartan
24's

27.99



Vicks
Acta Plus
Syrup
50ml

31.99



Scotts
Emulsion
Syrup
100ml

69.99



(Aswaganda/
Cayenne Pepper/
Moringa/
Neem/ Organic/
Turmeric)

Nature
Secret
Capsules
60's

69.99

Always Superb

Superb
Hyper

Tail Wagging Care



Marltons
Dewormer
50ml

39.99



Marltons
Tick & Flea
Powder
100gr

44.99



Qualipet
Award Animal
Shampoo
1lt

69.99

Always Superb

Superb
Hyper

Safe, Soft, Superb



Purity
Jar
200ml

15.99



Infacare
Box
400gr

69.99



**Johnson's &
Johnson's**
Petroleum Jelly
500ml

59.99



**Johnson's &
Johnson's**
Baby Powder
400gr

59.99



**Johnson &
Johnson's**
Baby Aqueous
Cream
350ml

39.99



Pampers
Baby
Wipes
56's

24.99



Sunfree
Baby Diaper
100's

159.99

Always Superb

Superb
Hyper

Bright, Fresh, Superb



Sunlight
Laundry Bar
500gr

19.99



Sta Soft
Fabric Softener
2lt

54.99



Sunlight
Auto Liquid
1.5lt

69.99



Sunlight
Auto Washing
Powder
2kg

67.99



Vanish
Stain Remover
1lt

84.99



Jik
Bleach
3lt

67.99



Sunlight
Dishwashing
Liquid Bottle
1.5lt

59.99



Domestos
750ml

29.99



Handy Andy
Bottle
750ml

26.99



Toilet Duck
500ml

22.99



Windolene
Glass & Shiny
Surface Cleaner
750ml

44.99



Mr Muscle
Tile Cleaner
750ml

44.99



Aco
Pine Gel
1lt

27.99



**Mr Min/ Mr
Wood**
Multi Surface
Cleaner
300ml

39.99



Glade
Aerosol
180ml

19.99



Doom
Spray
(Excluding
Room Spray)
300ml

37.99

Always Superb

Superb
Hyper

Shine, Sparkle, Save



Jeyes Fluid
500ml

39.99



Newden
Candle White
450gr

27.99



Magic
Finest Touch
2 Ply 18's

84.99



Kiwi
Shoe Polish
200ml



49.99

Always Superb



Broom
Whisk Medium
Flagged
1x1

24.99



Foam
Cup
25x250ml

9.99



Paper
Plate
50's

19.99



Mop
Jumbo
1x1

31.99



Foam
Container
20/25/30/31
75's

45.99



Dinner Plate
White
10.5"

16.99



Storage Box
60lt



89.99



Buzz
Mega Laundry
Basket
1x1

129.99



Muffin Tray
12 Cup
1x1

34.99



Hendler & Hart
J7 Pot Set 4pce
1x1



389.99



SR
Multiplug
3x3+ Cord

64.99



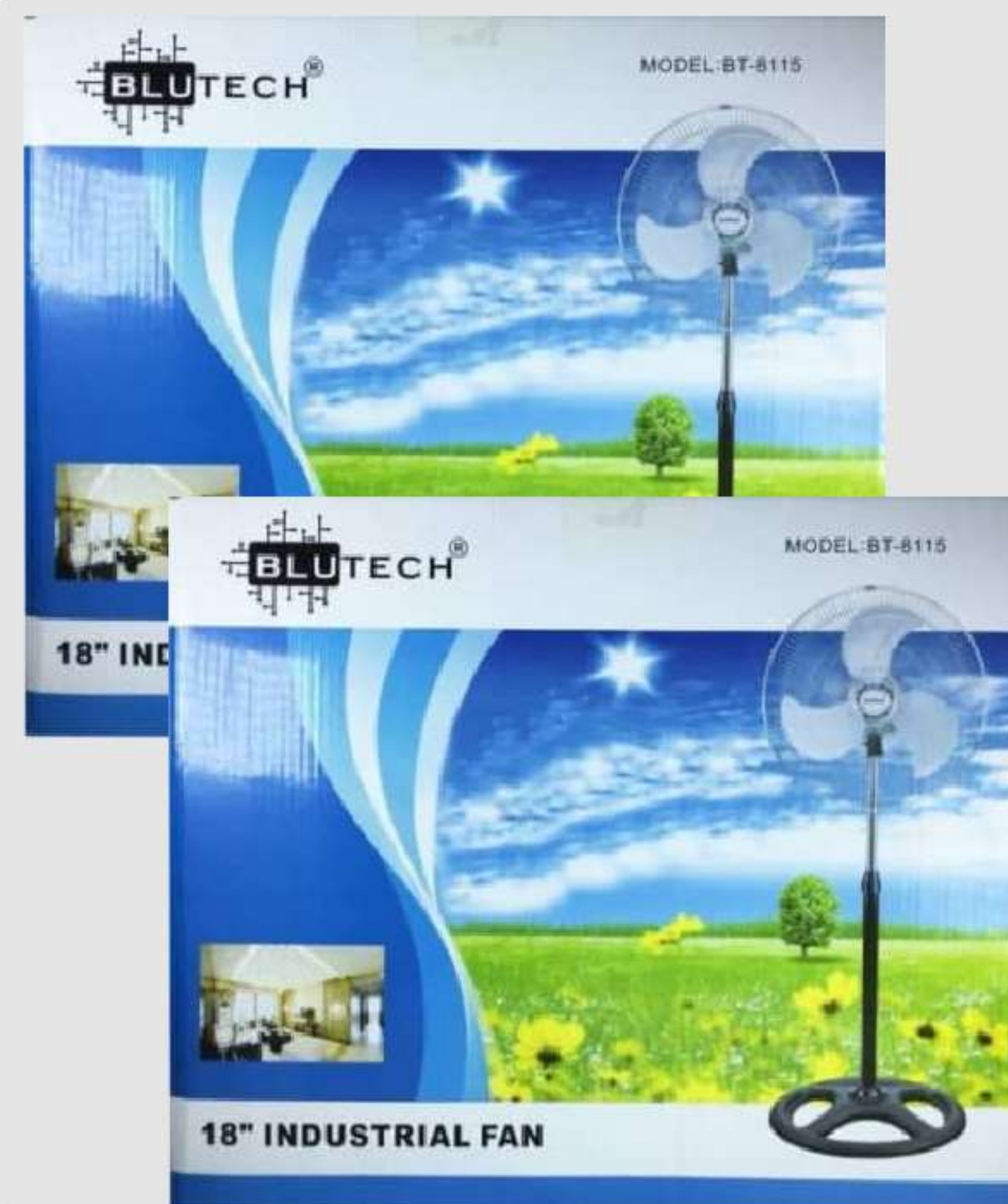
Elektron
Circuit Breaker
(10A/ 16A/ 20A)
1x1

23.99



Illumin8
Flood Light
150w

319



Blutech
Fan Industrial
18" (3 Blade)

249



Blutech
Fan Horn
18" (5 Blade)

259



Defy
Bar Fridge
Metallic
DBF90

2199