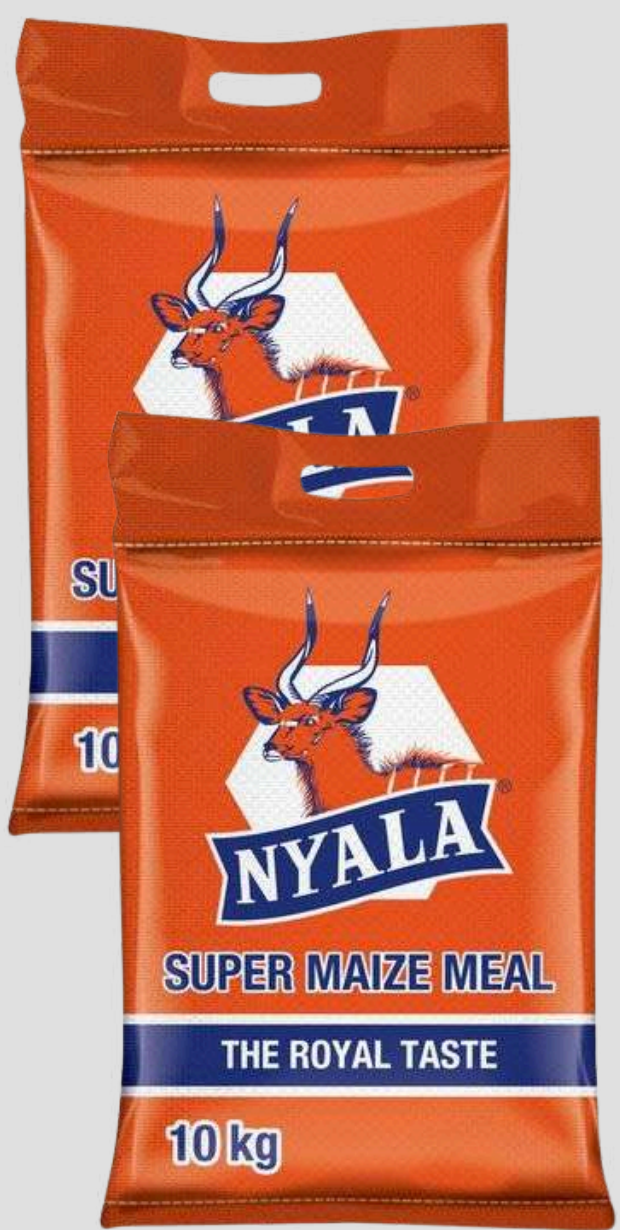




# MORE IN YOUR TROLLEY FOR LESS



Specials Valid 7th October - 13th October 2026



Nyala  
Super Maize  
10kg

**79.99**



Azam  
Cake Wheat Flour  
10kg

**92.99**



Spekko  
Long Grain  
Parboiled Rice  
10kg

**114.99**



Sunfoil  
Pro Chef Pure  
Canola Oil  
4lt

**114.99**



Sunshine  
Bread  
700gr

Brown **10.99**

White **11.99**



Bonle  
Fresh Milk  
Sachet  
1lt

**9.99**



Farm Fresh  
(Fresh Frozen)  
Braai Pack  
600gr

**32.99**



Moreson  
Medium Eggs

2.5 Dozen **54.99**

5 Dozen **109.99**



Orange Groove  
Uht Milk  
6x1lt

**89.99**



Simba  
Niknaks Cheese  
100gr

**4.99**



Arooba  
Juice Concentrate  
1lt

**7.99**



Oreo  
Milk Biscuit  
128gr

**12.99**



Morning Crunch  
Cereal  
320gr

**18.99**



Fresh  
Hand Washing  
Powder  
2kg

**34.99**

## WACKY WEEKEND DEALS

3 DAYS ONLY FRI | SAT | SUN

LIMITED STOCK, BIG SAVINGS!



Rhodes  
Baked Beans  
400gr

**9.99**



Rhodes  
Baked Beans  
400gr

**9.99**



La Italiana  
Pasta  
500gr

**9.99**



Macaroni /  
Spaghetti /  
Fusili Screws /  
Penne Rigate  
/ Elbows

**9.99**



D'lite  
Margarine Tub  
1kg

**29.99**



Boston  
Hot Chocolate  
500gr

**39.99**



Paws Elite  
Adult Dog Food  
8kg

**124.99**

Weekend Deals Valid 9th - 11th October 2026

Weekend Deals - 3 Per Family

Always Superb

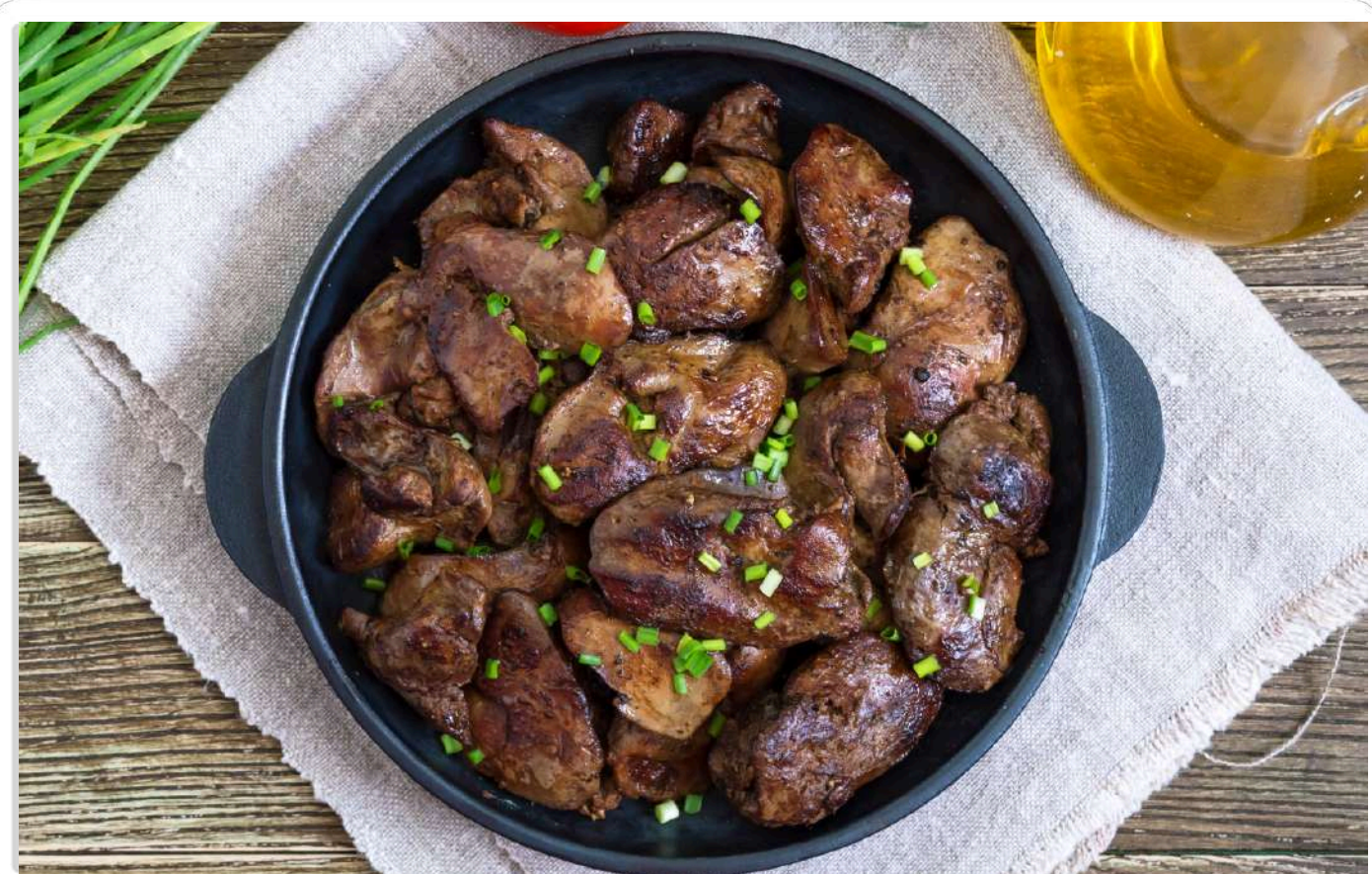
# SUPERB VALUE FROM AISLE TO AISLE



# BUTCHERY CUTS PRICED RIGHT

Quality you can taste at prices you'll love!

Specials Valid Till 13th October 2026



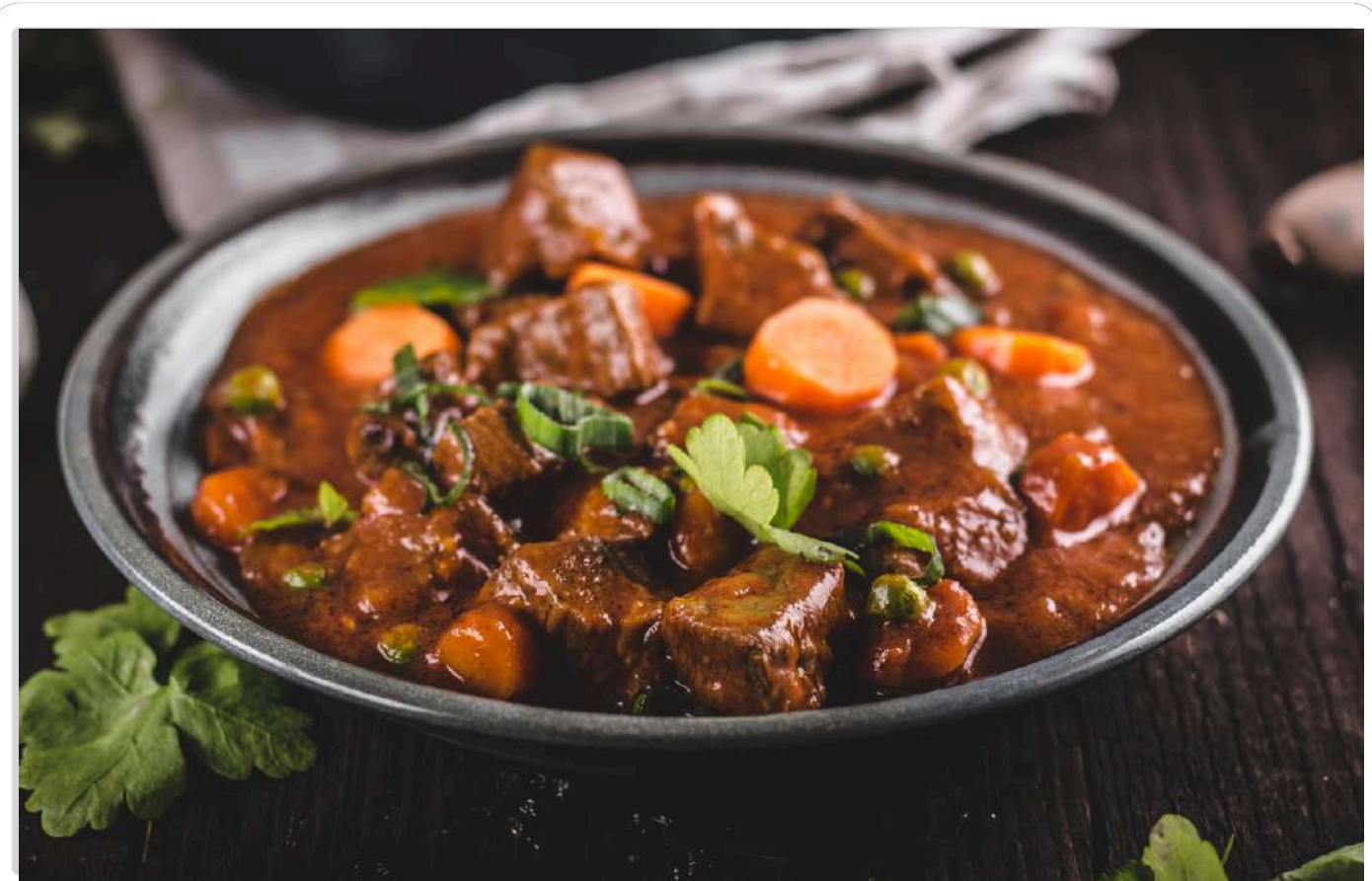
Ox Liver  
Uncooked  
Per Kg

**64.99**



Fresh  
Chicken Breast Fillet  
Uncooked  
Per Kg

**69.99**



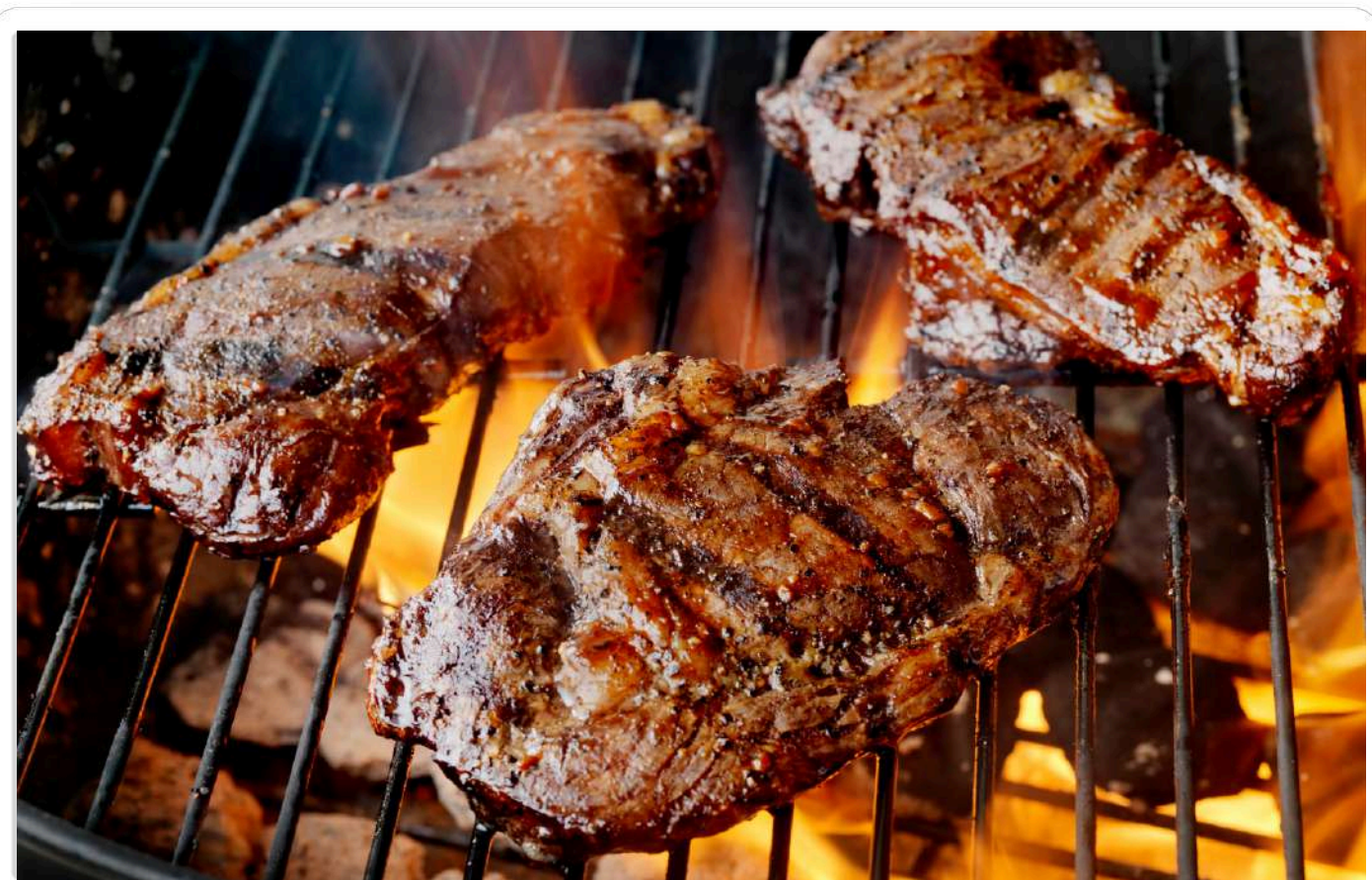
A Grade Beef  
Bulk Stewing Beef  
Uncooked  
Per Kg

**89.99**



A Grade Beef  
Bulk Mince  
Uncooked  
Per Kg

**89.99**



A Grade Beef  
Chuck / Brisket / Blade  
Uncooked  
Per Kg

**94.99**



Bushcamp /  
Chakalaka Wors  
Uncooked  
Per Kg

**94.99**



A Grade Beef  
Prime Rib / Short Rib  
Uncooked  
Per Kg

**99.99**



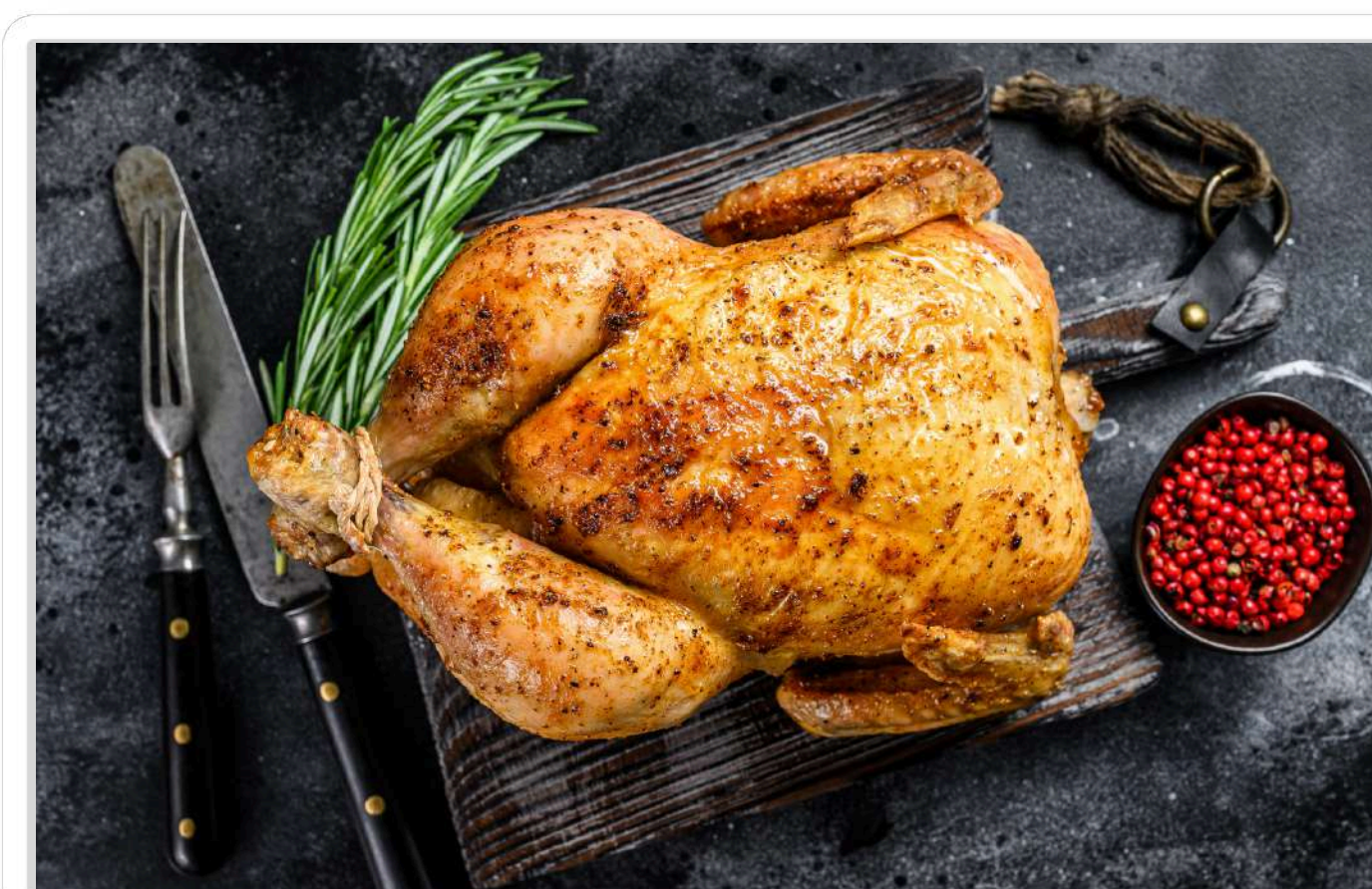
A Grade Beef  
Topside Steak / Beef  
Cubes / Beef Strips  
Uncooked Per Kg

**114.99**



Choice Boerewors  
Uncooked  
Per Kg

**114.99**



Fresh Whole  
Bird Uncooked  
5x1

**309.99**



**Farm Fresh**  
(Fresh Frozen)  
Drumsticks  
Skin On  
1kg

**69.99**



**Farm Fresh**  
(Fresh Frozen)  
Chicken Cut In  
12 Pieces  
+/- 1.15kg

Skin On  
**69.99**  
Skinless  
**79.99**



**Farm Fresh**  
(Fresh Frozen)  
Leg Quarters  
Skin On  
1kg

**69.99**



**Farm Fresh**  
(Fresh Frozen)  
Chicken Cut In  
4 Pieces  
Skinless 1kg

**79.99**



**Farm Fresh**  
(Fresh Frozen)  
Budget Braai  
Pack

600gr  
**32.99**  
800gr  
**44.99**



**Farm Fresh**  
(Fresh Frozen)  
Wings Skin On  
1kg

**79.99**



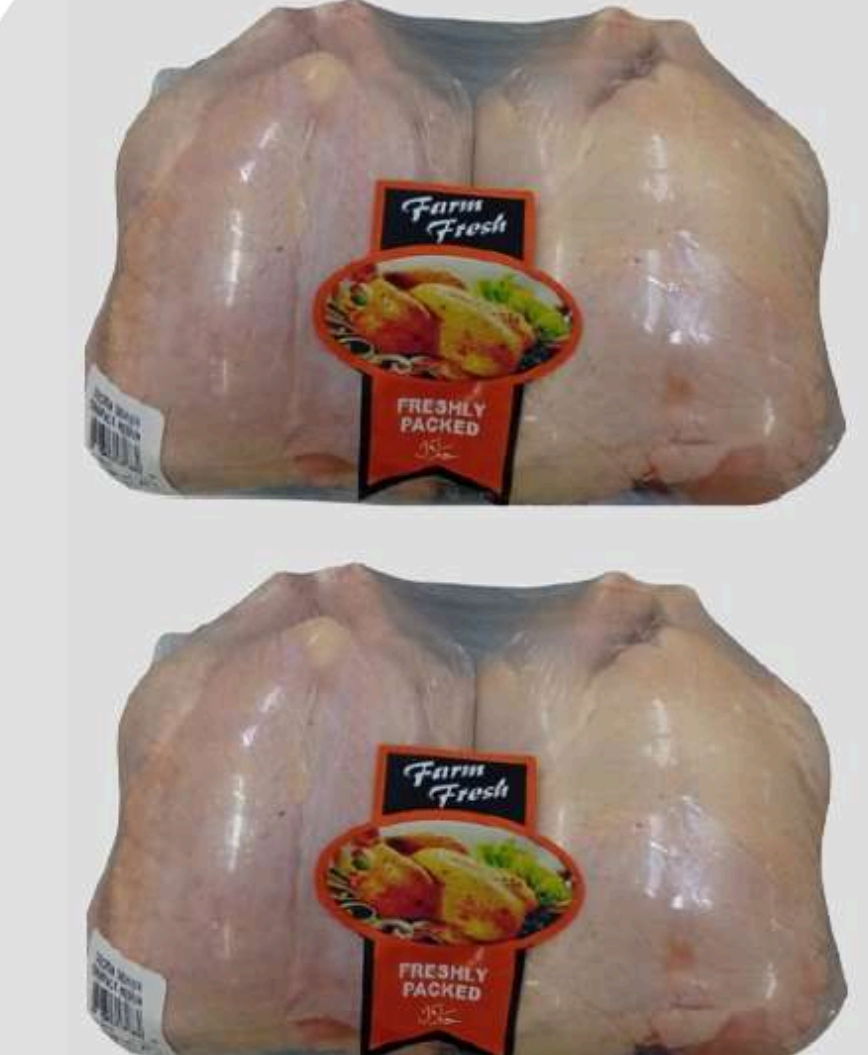
**Farm Fresh**  
(Fresh Frozen)  
Mixed Portions  
Skin On  
1.4kg

**79.99**



**Farm Fresh**  
(Fresh Frozen)  
Thighs  
1kg

Skin On  
**69.99**  
Skinless  
**79.99**



**Farm Fresh**  
(Fresh Frozen)  
Whole Bird  
Twinpack  
2x1

**144.99**



**Farm Fresh**  
(Fresh Frozen)  
Star Pack 1kg

Skin On  
**67.99**

Skinless  
**79.99**



**Mamma's**  
Chicken Patties  
6's

**44.99**



**Mamma's**  
Pizza's  
1x1

**54.99**



**Imana**  
Soya  
200gr

**15.99**



**Imana**  
Soup Bag  
400gr

**24.99**



**Imana**  
Cubes  
24's

**21.99**



**Lucky Star**  
Pilchards  
400gr

**27.99**



**Goldi**  
Soup Pack  
2kg

**54.99**



**Rainbow**  
Pops / Nuggets  
/ Burger  
1kg

**84.99**



**Rainbow**  
Polony  
1kg

**54.99**



**I & J**  
Tasty Fish Fingers  
300g

**44.99**



**Parmalat**  
Smooth / Kids  
Yoghurt  
6x100gr

**17.99**



**Bonle**  
Double Cream  
/ Medium Fat  
Yoghurt  
1kg

**29.99**

**Superb**  
Hyper

# Hearty and delicious



**K.O.**  
Super Maize

5kg  
**32.99**

---

10kg  
**59.99**

---

25kg  
**144.99**



**Ingonyama**  
Super Maize

5kg  
**35.99**

---

10kg  
**61.99**

---

25kg  
**154.99**



**Nyala**  
Super Maize

5kg  
**49.99**

---

10kg  
**79.99**

---

25kg  
**189.99**



**White Star**  
Super Maize

5kg  
**49.99**

---

10kg  
**84.99**

---

25kg  
**219.99**

*Always Superb*

## SUPERB VALUE FROM AISLE TO AISLE

Best of Ballito  
READERS' CHOICE AWARDS

**Superb**  
Hyper

# Fluffy bakes



**Bakerite**  
Cake Wheat  
Flour  
10kg

**91.99**



**Azam**  
Cake Wheat  
Flour

2.5kg  
**26.99**

5kg  
**56.99**

10kg  
**92.99**



**Pro**  
Cake Wheat  
Flour  
10kg

**91.99**



**Sasko**  
Cake Wheat  
Flour

2.5kg  
**32.99**

5kg  
**64.99**

10kg  
**107.99**

*Always Superb*

**SUPERB VALUE  
FROM AISLE TO AISLE**

Best of Ballito  
READERS' CHOICE AWARDS



**Golden Prestige**  
Brown Sugar

5kg  
**94.99**  
10kg  
**184.99**



**Selati**  
Brown Sugar

2kg  
**41.99**  
5kg  
**99.99**  
10kg  
**197.99**



**Hulett's**  
White Sugar

2.5kg  
**56.99**  
10kg  
**219.99**



**Selati**  
White Sugar

2.5kg  
**54.99**  
10kg  
**217.99**



**Allsome**  
Long Grain Parboiled  
White Rice

2kg  
**23.99**

5kg  
**58.99**

10kg  
**107.99**

25kg  
**279.99**



**Festive / Tri Star**  
Medium Grain  
Parboiled White Rice

5kg  
**46.99**

10kg  
**86.99**

25kg  
**222.99**



**Golden Prestige / Thokoza**  
Long Grain Parboiled  
White Rice

2kg  
**22.99**

5kg  
**54.99**

10kg  
**99.99**



**Golden Prestige / Thokoza**  
Long Grain  
Parboiled White  
Rice

25kg  
**254.99**



**Golden Delight**  
Long Grain  
Parboiled White Rice

2kg  
**25.99**

5kg  
**63.99**

10kg  
**118.99**



**Golden Delight**  
Long Grain  
Parboiled White  
Rice

20kg  
**238.99**

25kg  
**288.99**



**Spekko Blue**  
Long Grain  
Parboiled White  
Rice

2kg  
**29.99**

5kg  
**74.99**

10kg  
**114.99**



**Tastic**  
Long Grain  
Parboiled White  
Rice

10kg  
**124.99**



**Aunt Caroline**  
Long Grain  
Parboiled White  
Rice

10kg  
**124.99**



**Thai Gold**  
Fragrant Jasmine  
Rice

5kg  
**99.99**



**Aakifah**  
1121 Sella  
Basmati Rice

5kg  
**109.99**



**Golden Ribbon**  
Premium Long  
Grain 1121 Sella  
Basmati Rice

5kg  
**114.99**



**Raha**  
1121 Extra Long  
Grain Sella  
Basmati Rice

5kg  
**124.99**



**Az Zahra**  
Gold / Creamy  
1121 Sella  
Basmati Rice

5kg  
**127.99**



**La Jawab**  
1121 Long Grain  
Sella Basmati  
Rice

5kg  
**129.99**

**Superb**  
Hyper

**Flavorful & pure**



**Banquet**  
Pure Cooking Oil

2lt  
**54.99**  
5lt  
**129.99**



**Sunfoil**  
Pro Chef Canola Oil  
4lt

**114.99**



**Sunola**  
Pure Cooking Oil

2lt  
**57.99**  
5lt  
**137.99**



**D'Lite**  
Pure Cooking Oil

2lt  
**59.99**  
5lt  
**139.99**



**Sunfoil**  
Pure Sunflower Oil

2lt  
**69.99**  
5lt  
**169.99**



**Helios**  
Pure Sunflower Oil

2lt  
**69.99**  
5lt  
**164.99**



**Snaxol**  
Palm Oil

5lt  
**139.99**  
20lt  
**519.99**



**Golden Crisp /  
Sunfoil**  
Palm Oil  
20lt

**574.99**

*Always Superb*

**SUPERB VALUE  
FROM AISLE TO AISLE**

**Best of Ballito**  
READERS' CHOICE AWARDS

**Superb**  
Hyper

**BUY MORE  
PAY LESS!**



**COMBO 1**

Golden Prestige Rice 10kg +  
K.O. Super Maize 10kg +  
Pro Cake Flour 10kg +  
Banquet Oil 5lt

**382**



**COMBO 2**

Golden Delight Rice 10kg +  
Nyala Super Maize 10kg +  
Azam Cake Flour 10kg +  
Helios Oil 5lt

**457**



**COMBO 3**

Golden Prestige Rice 10kg +  
K.O. Super Maize 10kg +  
Pro Cake Flour 10kg +  
Super Silver Sugar Beans 5kg +  
Golden Prestige Brown Sugar 5kg +  
Delo Oil 5lt

**605**

*Always Superb*

**SUPERB VALUE  
FROM AISLE TO AISLE**

Best of Ballito  
READERS' CHOICE AWARDS

**Superb**  
Hyper

# Your crunchy favourites



**Freshpak**  
Rooibos  
Teabags  
40's



**29.99**



**Phendula**  
Tipi Teabags  
100's



**22.99**



**Ricoffy**  
Coffee Tin  
100gr



**27.99**



**White Star**  
Porridge  
1kg

**19.99**



**Jungle**  
Oats Regular  
Pouch  
500gr

**26.99**



**7AM**  
Corn Flakes  
1kg

**32.99**



**Willards**  
Cheese Curls  
/ Flings  
90gr



**11.99**



**Simba**  
Potato  
Chips  
120gr



**14.99**



**Mamas**  
Tomato  
Sauce  
750ml

**14.99**



**Clover**  
Mayonnaise  
750gr

**32.99**

*Always Superb*

**SUPERB VALUE  
FROM AISLE TO AISLE**

**Best of Ballito**  
READERS' CHOICE AWARDS

# A tasty treat



**Fresh**  
Footlong  
Rolls  
3's

**9.99**



**Fresh**  
Portugese  
Rolls  
4's

**9.99**



**Fresh**  
Jumbo  
Seeded Buns  
3's

**14.99**



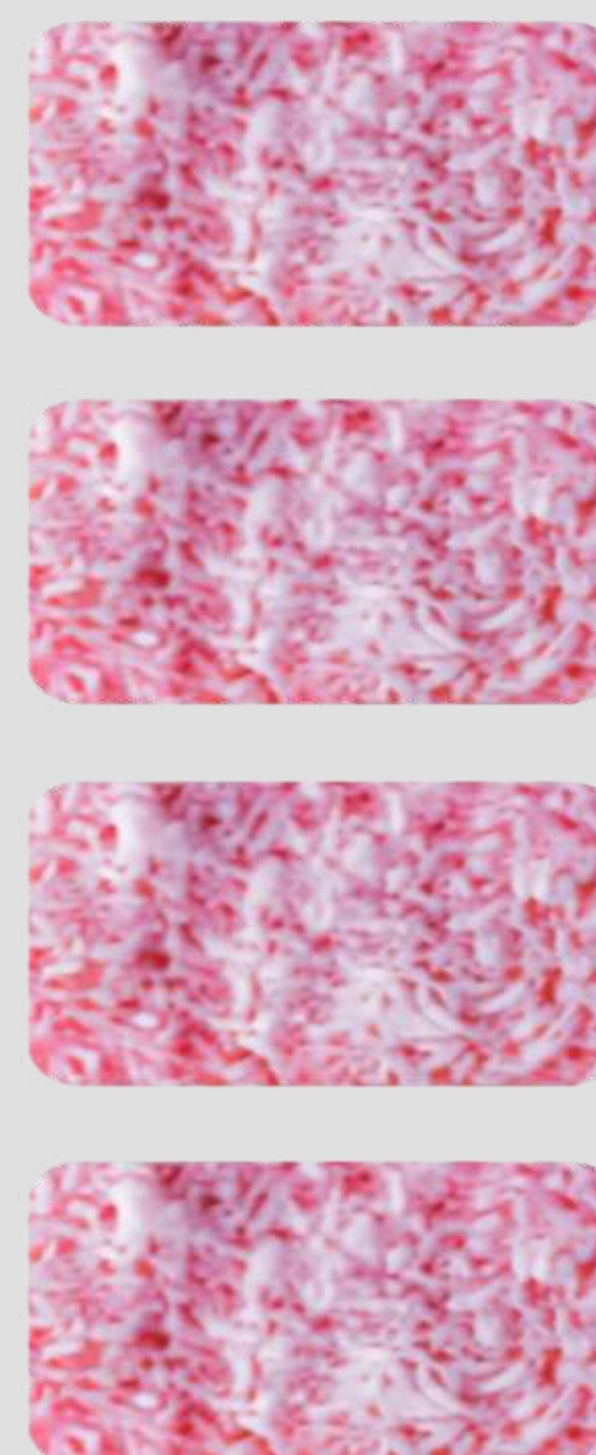
**Fresh**  
Long Donuts  
4's

**17.99**



**Fresh**  
Ring Donuts  
4's

**14.99**



**Fresh**  
Lamingtons  
Raspberry  
4's

**17.99**



**Fresh**  
Cream Buns  
6's

**19.99**



**Fresh**  
Hot Cross  
Buns  
6's

**19.99**



**Fresh**  
Mini Snowballs  
6's

**19.99**

**Superb**  
Hyper

**Caring made easy**



**Purity**  
Pouch  
110ml

**13.99**



**Cerelac**  
Baby Cereal  
200gr

**36.99**



**Purity**  
Baby Soap  
175gr

**19.99**



**Gentle Care**  
Baby  
Powder  
400gr

**29.99**



**Purity**  
Baby Insect  
Repellent  
125ml

**69.99**



**Drynaps**  
Baby Wipes  
80's

**14.99**



Size:  
40 / 44 /  
50 / 60

**Drynaps**  
Premium Value  
Pack Nappies  
1x1

**79.99**

*Always Superb*

**SUPERB VALUE  
FROM AISLE TO AISLE**

**Best of Ballito**  
READERS' CHOICE AWARDS

**Superb**  
Hyper

# Fresh & radiant



**Colgate**  
Toothpaste  
Regular  
100ml

**19.99**



**Aquafresh**  
Toothbrush  
Medium  
1x1

**17.99**



**Dentitex**  
Mouthwash  
250ml

**32.99**



**Dettol**  
Soap  
125gr

**11.99**



**Santoor**  
Soap  
90gr

**9.99**



**Gentle Magic**  
Soap  
100gr

**9.99**



**Lifebuoy**  
Body Wash  
750ml

**59.99**



**Head & Shoulders**  
Shampoo /  
Conditioner  
400ml

**74.99**



**Rexona**  
Roll On  
50ml

**21.99**



**Rexona**  
Deodorant  
150ml

**34.99**



**Dettol**  
Antiseptic Liquid  
250ml

**59.99**



**Dawn**  
Hand And Body  
Lotion / Cream  
400ml / 300ml

**26.99**



**Skin Clinic**  
Tissue Oil  
Cream  
450ml

**29.99**



**Vaseline**  
Petroleum Jelly  
Assorted  
250ml

**44.99**



**Clere**  
Pure Glycerine  
100ml

**17.99**

*Always Superb*

**SUPERB VALUE  
FROM AISLE TO AISLE**

**Best of Ballito**  
READERS' CHOICE AWARDS

**Superb**  
Hyper

# Care & comfort



**Lil Lets**  
Essential Pads  
7 / 8's

**8.99**



**Comfitex**  
Pantyliners  
40's

**24.99**



**Gynaguard**  
Essential Wash  
140ml

**64.99**



**Cherubs**  
Ear Buds  
100's

**12.99**



**Laser**  
Blades Sport  
Male Dispenser  
3's

**34.99**



**Darling**  
One Million  
Braid  
#1 / 27 /  
#1 / 27 / 350

**29.99**



**Glamour**  
Wax Stick  
70gr

**44.99**



**Revlon**  
Colorsilk Hair  
Color  
1x1

**69.99**



**Blacksilk**  
Hair Relaxer  
225ml

**44.99**



**Amla**  
Hair Oil Green  
100ml

**24.99**



**Compral**  
Tablets  
24's

**24.99**



**Med Lemon**  
18's

**149.99**



**Panado**  
Syrup  
50ml

**31.99**



**Natures Secret**  
Cholesterol  
Capsules  
60's

**89.99**

*Always Superb*

**SUPERB VALUE**  
**FROM AISLE TO AISLE**

**Best of Ballito**  
READERS' CHOICE AWARDS

**Superb**  
Hyper

**Care you can trust**



**Compral**  
Tablets  
24's

**27.99**



**Panado**  
Tablets  
Spartan  
24's

**29.99**



**Disprin**  
Extra Strength  
16's

**41.99**



**Creche**  
Guard  
100ml

**99.99**



**Effer Flu C**  
Efferescent  
20's

**89.99**



**Mentat**  
Tablets  
100's

**129.99**



**Vicks**  
Actaplus  
50ml

**29.99**



**Panado**  
Syrup  
50ml

**31.99**



**Calpol**  
Syrup  
50ml

**39.99**



**Vicks**  
Lozenges  
8's

**37.99**



**Vicks**  
Vaporub  
50gr

**46.99**



**Med Lemon**  
8's

**75.99**



**HPH**  
Ulcer  
Mixture  
500ml

**24.99**



**HPH**  
Kidney &  
Bladder Flush  
500ml

**24.99**



**HPH**  
Big Booi  
500ml

**29.99**



**Vuka Vuka**  
Tonic  
1lt

**44.99**

*Always Superb*

**SUPERB VALUE  
FROM AISLE TO AISLE**

**Best of Ballito**  
READERS' CHOICE AWARDS

**Superb**  
Hyper

# Spotless shine



**Elangeni**  
Green Bar  
Wrap  
4x500gr

**39.99**



**Personal Touch**  
Fabric Softener  
500ml

**21.99**



**Sunlight**  
Auto Washing  
Powder  
2kg

**64.99**



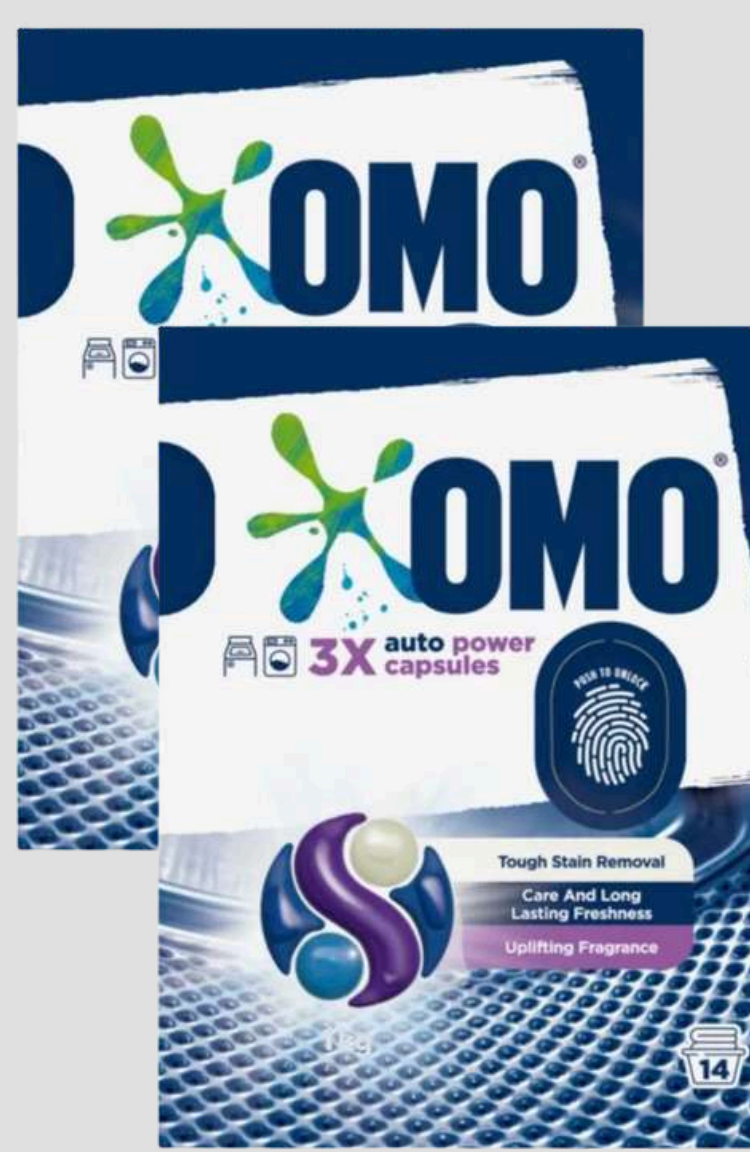
**Golden Glo**  
Dish Washing  
Liquid Refill  
750ml

**18.99**



**Sunlight**  
Dish Washing  
Liquid  
750ml

**29.99**



**Omo**  
Capsules  
14's

**89.99**



**Handy Andy**  
Pouch  
750ml

**22.99**



**Missy**  
Bleach  
2lt

**31.99**



**Albex**  
Thick Bleach  
750ml

**19.99**



**Toilet Duck**  
Gel  
500ml

**23.99**



**Plush**  
Pine Gel  
500ml

**18.99**



**Cobra /  
Sunbeam**  
Floor Polish  
350ml

**34.99**



**Mr Sheen**  
Multi Surface  
Cleaner  
Banded  
2x300ml

**49.99**

*Always Superb*

**SUPERB VALUE  
FROM AISLE TO AISLE**

**Best of Ballito**  
READERS' CHOICE AWARDS

# Home care savings



**Air Scents**  
Aerosol  
200ml

**19.99**



**Doom**  
Blue Death  
Powder  
100gr

**24.99**



**Doom**  
Insecticide Spray  
Excl. Room Spray  
300ml

**39.99**



**Trubrite**  
Candles  
360gr

**19.99**

**Superb**  
Hyper

# Pamper their paws



**Ideal**  
Kitten Food  
1kg

**49.99**



**Catmor**  
Cat Food  
4kg

**169.99**



**Trusty**  
Puppy Food  
8kg

**179.99**



**Paws Econo**  
Adult Dog Food  
8kg

**124.99**

*Always Superb*

**SUPERB VALUE  
FROM AISLE TO AISLE**

Best of Ballito  
READERS' CHOICE AWARDS

# Easy clean deals



**Broom**  
Whisk Medium  
Flagged  
1x1

**24.99**



**Foam**  
Cup  
25x250ml

**9.99**



**Paper**  
Plate  
50's

**19.99**



**Mop**  
Jumbo  
1x1

**34.99**



**Raha**  
Refuse Bag On  
Roll 18 Mic  
20's



**17.99**



**Dinner**  
Plate White  
10.5'

**14.99**



**Continental  
Homeware**  
Sandwich  
Container  
600ml

**14.99**



**Plastic**  
Chair Black  
1x1

**44.99**



**Maxim**  
Hiball Tumbler  
Set  
6x1

**34.99**



**Cooler Bag**  
4lt

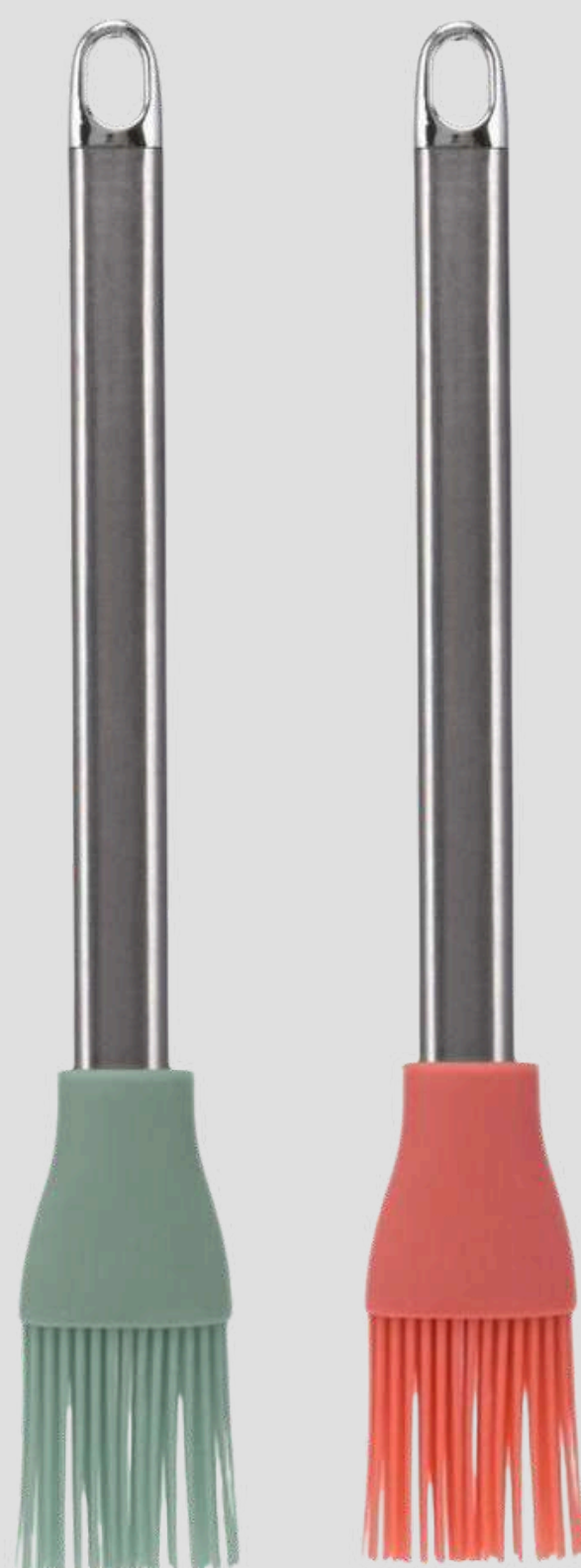
**59.99**

# Baking made easy



**Baking**  
Scoop &  
Measuring  
Cup Set  
4pce

**19.99**



**La Cucina**  
Silicone  
Brush / Scraper  
1x1

**19.99**



**Regent**  
Dough Scraper  
160x117mm

**44.99**



**Fresh**  
Cling Wrap  
30cm x 30m

**19.99**



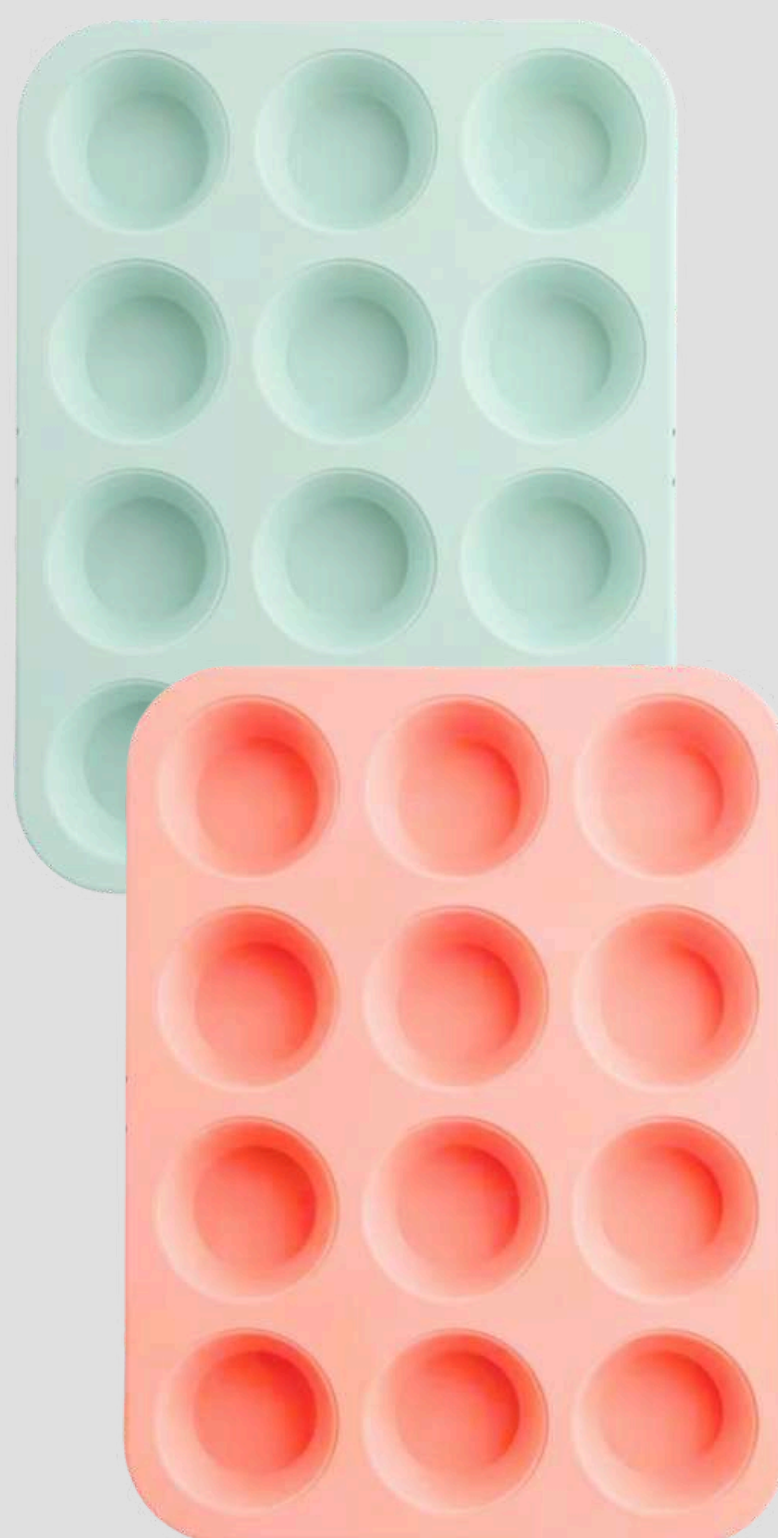
**Muffin Cups**  
White Large  
500's

**34.99**



**Fresh**  
Baking Paper  
10m

**31.99**



**La Cucina**  
Silicone  
Muffin Mould  
1x1

**69.99**



**Nu Ware**  
Cake Storer  
Round  
1x1

**79.99**



**Baking Muffin**  
Tray 12 Cup  
Standard  
1x1

**27.99**

**Superb**  
Hyper

# Power up for less



**Mega**  
Plaster Primer  
20lt

**399.99**



**Russell Hobbs**  
Steam Iron  
RHI2010 Blue  
1x1

**299**



**Diamond**  
Mini Kitchen  
Solid Plate  
30lt

**849**



**Illumin8**  
Flood Light  
50W  
1x1

**109.99**



**Defy**  
Chest Freezer  
DMF511 White  
1x1

**2999**

Specials Valid 7th October Till 13th October 2026

*Always Superb*

**SUPERB VALUE**  
**FROM AISLE TO AISLE**

Best of Ballito  
READERS' CHOICE AWARDS